

VOLUME 64 • NUMBER 1

SEPTEMBER 2013

The State of Mashington



Iroclamation

WHEREAS, Western dancing is truly an American form of dance, originating when settlers danced squares, contras, and reels around campfires on their way to our Western shores; and

WHEREAS, square dancing has been an American tradition since our earliest history, promoting the spirit of fellowship among people of all ages; and

WHEREAS, the square dance is the official dance of Washington State; and

WHEREAS, 2013 marks the 34th anniversary of the legislation which established the official state dance; and

NOW, THEREFORE, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim September 15-21, 2013, as

Square Dance Week

in Washington, and I urge all people in our state to join me in this special observance.

Signed this 8th day of July, 2013

Governor Jay Inslee

You're invited to GATESWINGERS CONGRATULATIONS DANCE honoring



Orvin and Jan Logan the 2013 Parker Award recipients!

> Saturday, October 19, 2013 Featuring

Daron Tandberg, caller Jim Spence, cuer

Mainstream Dance 8-10 p.m. (pre-rounds 7:30-8:00) Adult donation \$5-under 18 \$1

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YAKIMA VALLEY SQUARE DANCE CENTER 207 E. Charron Road, Moxee, WA

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SEPTEMBER 2013 VOL. 64 NO. 1

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SEPTEMBER COVER

The Square Dance is the official dance of the State of Washington. In observance of this event, each year the Governor issues a Proclamation for Square Dance Week. In 2013 it is the week of September 15th to 21st.

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http://www.squaredance-wa.org

Send lesson information immediately to Computer Coordinator-Webmaster, Dick Beham

webmaster@squaredance-wa.org

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the month of publication.



COMING EVENTS

www.squaredance-wa.org

State Federation Meeting
INSTALLATION OF NEW OFFICERS
Hosted by Peninsula Council
Kitsap Square Dance Center, September 13 & 14, 2013
Gorst, Washington

Wallowa Mountain Rendezvous "Rock & Roll is here to stay" September 6, 7, 8, 2013 Lake Wallowa, Oregon

Oregon Mid-Winter Festival "A Mid-Winter Nights Dream in 2014" Linn County Expo Center, January 24, 25, 26, 2014 Albany, Oregon

3rd Annual Boots in the Blue Mountains Pendleton Convention Center, April 4, 5, 6, 2014 Pendleton, Oregon

67thAnnual Silver State Square & Round Dance Festival Grand Sierra Resort, May 9,10,11, 2014 Reno, Nevada

62nd Washington State Square Dance Festival "Creating A Dream in 2014" Enumclaw Expo Center, June 20 & 21m 2014 Enumclaw, Washington

THE GAVEL

Margaret & Kris Kiser 509-205-0114

gramakiser@yahoo.com



SO LONG AND WE WILL SEE YOU ON THE DANCE FLOOR

Once again September is upon us, as dancers we are all looking forward to a brand new season to do demo's for our friends and neighbors, our classes with new students and an opportunity to dance together once again.

For Kris and me, September will be a little bitter sweet; September 14, 2013 will be my last meeting as your State President. This year has been an honor and a joy to serve as your President. Kris and I have thoroughly enjoyed seeing and meeting all our dancers across the state. At this time we would like to THANK all our dancers that have supported us and encouraged us throughout this and our previous dancing years. As I leave this office I will still be very involved in our activity in and around the State. I have met hundreds of dancers that love this activity as we do. (So you haven't seen the last of me yet!)

I would like to Congratulate Blue Mountain Council for a job well done, and an awesome festival in Kennewick. I believe everyone that attended had a wonderful time. That is what I heard and read in the emails I received. Great job! Now let's all look forward to "Catch a dream in 2014" in Enumclaw, we will see you there... We thank everyone who attended "The Education and Leadership Seminar", we all had a great time. We were sorry to hear about Linda Congrove's accident, we hope she is doing better by now. Darlene Jolly and her team did a great job, Thank You! Dee Dee Daugherty entertained us and enlightened us on some things we may have forgotten about. She was like a breath of fresh air!

We look forward to the Fall State Federation Meeting to be held in Gorst at the KSDA dance hall. Peninsula Council will be hosting this meeting, September 13-14, 2013. For more information you can check out our website at: www.squaredance-wa.org for all updated info.

At this time we would like to Congratulate Kathy and Frank Chase as your new incoming State Federation President! We will offer our support to them throughout their term in whatever assistance they may need or want.

At this time Kris and I want to thank Footnotes for giving us the honor and opportunity to write the articles in the Gavel for the past year, Thank you Margaret and Scotty! We

See THE GAVEL | 70



It's so hard to believe that it is this time of year already. Time is flying by so fast. Mark your calendar for September 13 & 14 for the State Federation's Turn-over meeting for the incoming 2013-14 State Officers. Peninsula Council will be hosting this weekend at the KSDA Dance Hall in Gorst, WA on September 13 & 14. It will be the turn-over meeting.

KSDA has 60 RV sites right there at the Hall, so bring your rig and spend the weekend. It should be a great time.

We are still in the process of working out all the details, so please check out the Washington Square Dance we site for updates as we get them. www.squaredance-wa-org. We will continue to post information.

WE hope you will come and help say "Job Well Done" to the outgoing officers and "Good Luck" to the incoming officers. Watch for more information on the State website at www.squaredancewa.org and in September's Footnotes.

Motel

Priced good until August 23, 2013

Days Inn / 360-895-7818 220 Bravo Terrace Port Orchard, WA 98367 5 miles from KSDC (State Meeting Hall) Approximately \$77/night Pets \$10/night Comfort Inn / 360-895-2666 1121 Bay Street Port Orchard, WA 98367 5 miles from KSDC (State Meeting Hall) Approximately \$77/night Pets \$15/night Super 8 / 360-373-8755 5068 Kitsap Way Bremerton, WA 98312 6.5 miles from KSDC (State Meeting Hall) 2 Queens - \$66.20/night 1 Queen - \$61.10/night

Meetings

Heritage Center Dinner Meeting

5 PM Friday, September 13 Gold Mountain Public Golf Course 360-415-5432 7263 W Belfair Valley Rd Bremerton, WA 98312

Leadership Seminar Dinner Meeting

5 PM Friday, September 13 Gold Mountain Public Golf Course 360-415-5432 7261 W Belfair Valley Rd Bremerton, WA 98312 Bremerton, WA 98312 State Festival Meeting

7261 W Belfair Valley Rd

XP Breakfast Meeting

360-415-5432

7 AM Saturday, September 14

Gold Mountain Public Golf Course

7:30 AM Saturday, September 14 Kitsap Square Dance Center (State Meeting Hall) 6800 W Old Belfair Hwy Bremerton (Gorst), WA 98312

FROM THE EDITOR'S DESK

Margaret Miller 509-522-2716 footnotes_wa@yahoo.com



It v Wash

The Last Hurrah

It was a lovely summer for the 61st Annual
Washington State Square Dance Festival in Kennewick. I
thank all 669 of you for attending this fun event. All six
of the Blue Mountain Square Dance Council Clubs
worked before, during and after the event shoulder to
shoulder for your enjoyment.

As the Treasurer / Registration committee person and Footnotes Co-Editor I recognized many dancers' faces and saw many subscriber names I knew. Thanks to Excel Worksheets and Quicken Basic the record keeping was an easy job. So how did we do? Out of 669 dancers and their cash or personal check there was only one NSF check... that check was replaced ASAP. Thank you, thank you.

The one important lesson I learned was... always request a phone number as well as an e-mail address on registration forms. Not everyone has perfect penmanship, including me! I would advise you not to have a grayscale graphic as background under any area the registries will be filling in information. I found that some pertinent information was hard to read as it blended too well into the background.

On June 12th when I left for Tri-cities I had 552 paid dancer registrations, by Saturday night June 15th 117 more dancers had signed in. What a pleasant surprise that was! We used all of Festival Ribbons and bars. There are some of the wine grape dangles left. The Pictorial Post Cards did not sell as well as they might have, but it was a good idea that Brenda Putnam had put a lot of effort into. It was not too hot for the 50 or so RVs parked on site. The dumpster Waste Management provided for the campers cost \$127.10 and I'm sure it was most welcome.

There was a nice turnout of cloggers from many areas. It would have been nice if more young dancers had been able to attend. There was a high energy square dance area in the mainstream hall waiting for the youth and the young at heart.

It was nice to have accommodations a five minute walk from the Three Rivers Convention Center. All in all it was a great way to spend the 3rd weekend of June 2013. I forgot to bring a bottle of wine... too many other things on my mind.

FROM THE EDITOR'S DESK

Scotty & Shirley Marriner 509-952-3694 ssmarriner2@msn.com



Good News is the Best News!

We were so pleased to learn of the good attendance at the two main Federation events this summer. First there was the good turnout for the Festival in Kennewick. Margaret has detailed that on the preceding page. Second we noted the large group of folks who enjoyed the Annual Education and Leadership Seminar at Circle 8 Ranch in July. Cliff and Cathy Bruhn write about it on page eight. What a thrill to know that so many are enjoying these parties.

As you can see by leafing through this issue of FOOTNOTES it is quite full. We even had to omit some material for lack of space. There were a few more advertisers than usual, which is especially appreciated. Note that FOOTNOTES has new Advertising Managers in the personage of Urban and Jonnie Jenquin. With your cooperation and their willingness to help we can increase the amount of advertising and the size of our magazine.

Now for a little unfinished business. Did you know there have been seven women who have served as our Federation President? Did you also know that they are all still with us? Can you name them without sneaking a peek at the caption below? This elite group was "found" at the recent "Weekend in Wine Country".



45TH ANNUAL LEADERSHIP SEMINAR

PUBLICITY & PROMOTION

Cliff & Cathy Bruhn

15612 Larson Drive, Gold Bar, WA 98251-9522 425.359.6394 • its.cathy@hotmail.com

45th Seminar - One for the books

So, what did you think of it? Did you enjoy the revised venue? Did you fill out a comment form? If you did, we are addressing ALL of your comments and concerns. If you would still like to address something, feel free to contact any of the Education & Leadership Seminar Committee and express your thoughts to them. We always welcome comments, concerns, and suggestions to improve this event. This seminar is presented for the dancers and we need your input to make it better each year.

We all had a great time, and those of you who missed it this year will want to be sure to attend next year! We had 56 RV's and tents, and 168 registrations total for the weekend. We learned a lot from the interesting education seminar sessions... how many people can update their Facebook Page now? We had some great presenters and the audience had some very good questions. Thank you to all who presented at the sessions. The presenters and audience had some valuable information to share - information that will be valuable for dancers and clubs. When you get your Seminar Booklet, please share it with dancers who were not able to attend and also give them a registration form for next year!

We had a great dance on Friday night with state Callers and Cuers. We really do have some talented Callers and Cuers in Washington State and we sure appreciate them. Be sure to tell them next time you see them! Saturday night was an EXCELLENT dance and was so much fun! We all laughed and enjoyed Dee Dee's sense of humor, wonderful "high stepping" calling and laughter. Both Dee Dee and the Holms did a wonderful job calling and cueing and keeping the floor hopping

The tasty Saturday Italian lunch prepared by the 2014 State Festival Committee group was a big hit again this year and quite delightful. Next year's lunch will be sponsored by Mount Baker Council.

How did you like the Sunday morning presentation by Dee Dee? Wasn't she great? It is always wonderful to be reminded of our square dance etiquette and a great reminder to make sure we review it with our dancers and new students! It was a lot of good information and we hope that all of you will take it back to your clubs and use it to help the Square Dance movement grow and our clubs to become stronger.

Looking forward to 2014 - Leadership Seminar officers for next year are:

Chairman - Cliff & Cathy Bruhn

Vice Chairman – Joyce Sebree

Treasurer/Registration - Oren & Lew Gaskill

Publicity/Promotion - Margaret & Kris Kiser

Facilities - Madeline & Lewis Cato

Wagon Masters - Ron & Pat Hoot with assistants Lewis & Madeline Cato

On a special note we would like to thank the Pochops amd Marbergs for their work as Assistant Wagon Masters. Both couples have retired from the position this year and not only do we appreciate all their support and dedication over the last MANY MANY years, but we want them to know they will be missed! Thank you again for a job well done and your dedication and support of this great event!

Thank you to Darlene Jolly for all her hard work, organization and strong leadership. In addition, more thanks to the whole staff for putting on such a fun and informative seminar this year.

Finally, Cliff and I are turning the writing of the articles for Education and Leadership over to the very capable hands of Margaret and Kris Kiser our newest members to the Education and Leadership Team. We have certainly enjoyed posting articles each month but need to move on to a little different task for next year!

Now it's time to get registered for next year! It's going to be exciting and fun! Stay Tuned!

Gircle 8 Ranch Squara & Feli Danie Federation of Washington 2nd Weekend in July Frider - Valenter - Justice Out Square Out Square Weekend in July Frider - Valenter - Justice Out Square Weekend in July Frider - Valenter - Justice Out Square Out Square Weekend in July Frider - Valenter - Justice Out Square Ou	ormation & R	e gistrati Ore 5 Chuckanut ellingham, l	on n & Lew Gas t Drive N - Sp	skill o 20 951 487
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Street Address	City	State	Zip)
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Fees \$15.00 Per Person • Camping \$20.00 Per Nigh Number of Nights	t (Tents Welcome)	•	\$ \$	
Arrival Day/Date		Total	\$	



SQUARELY SPEAKING

Don & Marie Wood
Lacey, WA. 98503
360.456.1643

dwood196@comcast.net

CHALLENGES FOR EVERYONE

Several years ago I had the pleasure of authoring the Square Dance Column for Footnotes. Marie and I would like to thank Scott Marriner and Margaret Miller for asking us to once again write this article.

State Festival and the National Square Dance Conventions are over and recently I was reflecting on the past year. I was wondering if you, as I have, noticed them becoming smaller and clubs in the area folding. Unfortunately, this is the trend nationwide. It is also beginning to manifest itself internationally. It is my contention that there are several factors that are causing this decline. When Square Dancing was in its heyday in the 70's, 80's and early 90's there were much fewer distractions to deal with. Among these are;

- 1. The advent of the home Video Tape and now DVD players or streaming video, with which a family can ensconce themselves in their living rooms for an evening for a very low entertainment dollar.
- 2. The advent of the Internet. On an average, more hours are spent surfing the net than doing productive work.
- 3. Generally speaking, RPG Games, Cell Phones and Texting have become the pastime of today's youth.

I could go on but I am sure you get the drift. So the question is how do we re-introduce Square Dancing as the healthy and fun family activity it is? There are many theories and approaches to resolving this issue. With regard to advertising, News Papers and Radio spots are being used by many organizations and clubs. While these are good avenues, they rarely demonstrate the fun aspect of our activity. Demonstrations are one way, but many callers and or clubs / organizations of this era have chosen to do less and less of these. Word of mouth and inviting people, while being the single most productive means to bring in new dancers, has given way to a form of apathy. "Well I've asked everyone I know!" The reality is that word of mouth and actual human interaction is still the best way to recruit new dancers. (Notice I referred to dancers not students. It is our contention that these new people are, as of the first night, dancers. Albeit

dancers with a lesser skill set, they are dancers none the less.)

While at a National convention conducting a seminar on recruiting, a fellow panelist, Larry Letson, when confronted by the "I've asked everybody I know" statement from the audience, responded, "did you ask the person who bagged your groceries or cut your hair, dry cleaned your clothes? In short we must look beyond immediate friends and family when recruiting.

I have been following several threads on Square Dance List Serves (discussion groups) on which some callers are bemoaning the level and or the short amount of time we have to teach these new dancers. Some believe we need to teach all the way thru plus. Others believe we need to teach all conceivable formations from which a call can be delivered, and others believe we need to teach "DBD". I submit to you that the latter "DBD" is done to one extent or another. How else would one teach Right and Left Thru unless you explain the definition of the call? This is simple example but one that speaks to the question "do we expose the dancers to the definition"? I believe we do.

That being said consider for a moment the new dancer(s) being taught to Square Dance. You must ask yourself "why are they here". We believe the answer is they came to have fun. Most of the households today have two members working full time just to stay afloat. They often work in a pressure cooker environment where stress is omnipresent. Their reasoning for attending square dance classes is to relax and have a little fun, not to become puzzle solvers or be so challenged to the extent they become frustrated. We submit taking the "complexity" approach with these brand new dancers either at lessons or your mainstream dance is a sure way to drive them away. We would submit the better approach is to, as a friend of mine once stated; "put the wind in their face and let them soar".

There is plenty of opportunity for callers to deliver complex and challenging choreography at the upper levels such as Advanced and Challenge. Those dancers are the puzzle solvers and generally want that.

The greater challenge at your Basic, MS or Plus Dance is how do I / You as a caller deliver a dance that will have them leave smiling and whistling your last singing call. At the same time it is important provide sequences throughout the course of the dance letting the more advanced dancers in attendance know you recognize they took time out to attend your dance. One of my mentors, Bill Peters, told me I needed to be prepared to "throw every dog a bone." That is to say during your dance develop one or two short but more complex routines that lets those dancers know you recognize that they are there.

I would like to send this challenge out to the callers.

Develop one or two SHORT creative sequences you might call in a dance. The caveat is you can only use calls on the Basic 51 list. While doing so keep in mind that you should be no more than three moves away from your corner at any given time. This is so that in the event of an extensive floor collapse you can get out quick.

See SQUARELY SPEAKING | 70

Membership & Insurance

Richard & Barbara Snyder 5612 S. Napa Street Spokane, WA 99223-8248 509-443-0126 richlsnyder@comcast.net



Ahhhhhh. Sweet Choices!

This is the time of year when we are renewing memberships for the coming year. As of July 28th we have received all the club renewals. Thank you. However, we still have two clubs that have not sent in their Membership and Insurance per member dues: the Young Bunch of the Rainier Council and the Capital Singles of the Sou'Wester Council. We are in contact with these folks and hopefully they will complete their renewal process by August 31st.

Remember, August 31st is the absolute deadline. If you haven't completed your renewals (club, membership and insurance) you are not covered by insurance and you will be dropped from the federation, because our insurance year is from September 1st through August 31st.

We know this article is short and sweet, (because we can't think of anything else to say)

As we sit here in the basement trying to beat the heat, (it's been over 90 for 10 days)

The sun is but a dying ember, (as it sets in the West)
We hope to see you at the state meeting in September. (End of poem)
[Ed. note: "At best"]

A preacher was seated next to a sailor on a flight to Norfolk. After the plane took off, the sailor asked for a whiskey and soda, which was brought and placed before him. The flight attendant then asked the preacher if he would like a drink.

Appalled, the preacher replied, "I'd rather be tied up and taken advantage of by women of ill-repute, than let liquor touch my lips." The sailor then handed his drink back to the attendant and said, "Me, too. I didn't know we had a choice."

Take care, Richard and Barbara

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FOOTNOTES address FOOTNOTES PO BOX 11160 YAKIMA, WA 98909-2160

TEEN PAGE ERIN & CHRIS HARTH

13019 SE 204TH PL., KENT, WA 98031 206.718.2055 EKHARTH@GMAIL.COM



Meet the 2013 Timothy Dale Boggs Memorial Scholarship Winners!

Matthew Richard began dancing at the age of six and has held many offices in his club, the Mavericks of Renton, WA, including two years as president. Matthew has created modern and functional website for his club, and also writes monthly articles for his council newsletter. A Pacific Northwest Teen Square Dance Festival veteran, Matthew has won several awards over the years for his dancing, round dancing, and cueing! His many other hobbies include football track and bowling. Matthew is attending Bellevue College and is working towards a degree in nursing.





Janet Gallagher has been dancing with the Pi-R-Squares of Kent, WA for four years and she has made them count! Janet was drawn to dancing after receiving a caller's guarantee that if "she didn't have fun he would eat his hat!" She has attended State and National Conventions, brought many people to lessons, assists in club activities, and wishes to start a club of her own at Willamette University where she will be studying physics and music. Her other activities include

working on an alpaca farm, piano, choir and various community service projects.

"Each Square Dance Lights Anew The Flame of Friendship True. The Joy We've Had in Knowing You Will Last Our Whole Life Through."

CHARLIE COOK, CENTRAL AREA COUNCIL

ROUND OUT YOUR LIFE

Bill & Karen Holm 509-542-1310 bkholm@charter.net



"Great Pleasure to Serve"

The state Square Dance Festival is over and by all reports everyone there had a great time. We provided dancers Mainstream, Plus and Rounds from early morning till late night. If you missed this year's state festival you missed lots of great dancing to some of the best caller our state has to offer plus Jerry Junck and the round dancers were not slighted either. In the round dance hall we had some of the best cuers in our state plus T.J. & Bruce Chadd who offered a great workshop plus their cueing. Hopefully everyone who attended had a chance to learn some new dances and /or round dance steps.

By the time you read this fall is just around the corner which means most square dance clubs will be starting up again and round dance teachers will need to start planning their beginning round dance classes. Advertising in the square dance clubs and in our communities is important so everyone knows where and when beginning lessons are.

It's hard to believe my year as Round Dance Editor is ending. The year seems to have passed quickly but I know my successors, Neva & Bill Reid, will do a great job. It has been a great pleasure to serve you all this past year. I also want to thank everyone who helped me with suggestions to make my job easier.

I just returned from the Leadership Seminar and feel that our round dance activity is alive and well. I had so many great dancers with such enthusiasm it really made me encouraged.

The new Round of the Month for September has been selected. It will be a Phase 2+2 Two Step called "I Saw Linda Yesterday" by Charlie Brown. The other two dances sent out for consideration were "Mirrors Don't Lie" by Gene & Linda Krueger and "Something That I Want" by T.J. & Bruce Chadd. Hope you enjoy our new Round of the Month.

Bill & Karen Holm

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I Saw Linda Yesterday

Choreo: Charlie Brown, 9294 St Rte 44, Lot 32A, Mantua, OH 44255 (330) 687-3100

email: rdcuer@gmail.com

Artist: Dickey Lee Available from Amazon Rhythm: Ph II+2 TS {fishtail, strolling Vine}

Sequence: Intro-ABC- AB(mod)-END Recommended Speed: 2:02 @ 100% bpm/

MPM 134/34

Intro-A-B-C-A-Bmod-End Charlie Brown Phase 2 + 2 2 Step

Intro: Wait 2 Opn-Fcg;; Apt-Pt; Tog Cp; Traveling Box Semi;;;;

A: 2 Fwd 2 Stp;; Scoot; Wlk 2; Full Lace Up to Bfly;;;; Fc to Fc; Bk to Bk to Opn; Fwd Lk Fwd Twice;; Vine Apt; Vine Tog Semi; Hitch 4; Wlk & Fc;

B: Strolling Vine;;;; 1/2 Box; Scis Thru: 2 Sd Clo; Wlk & Pkup; 2 Fwd 2 Stp;; Prog Scis to Bjo;; Fishtail; Wlk & Fc; 2 Trn 2 Stp;;

C: Vine Down; Wrap; Unwrap; Change Sd in 3 to Fc Bfly; Vine Down; Wrap; Unwrap; Change Sd in 3 to Semi;

A: 2 Fwd 2 Stp;; Scoot; Wlk 2; Full Lace Up to Bfly;;;; Fc to Fc; Bk to Bk to Opn; Fwd Lk Fwd Twice;; Vine Apt; Vine Tog Semi; Hitch 4; Wlk & Fc;

B: Strolling Vine;;;; 1/2 Box; Scis Thru Bfly; Vine 8 Semi;;

End: 2 Fwd 2 Stp;; Slo Opn Vine 3 & Point 4 LOD;;



Letters to the Editor are welcomed and encouraged. They may be sent by email or snail mail. Feel free to comment on what you see or read in FOOTNOTES or our square dance activity at large. Names witheld upon request although unsigned letters will be sumarily assigned to file 13.

I loved the article in the May Footnotes [well, there are many good ones!] setting a whole page on Healthy Notes. Such a nice addition to our healthy activity!

. Gailyn Ploeg



SEW TOGETHER

Karen & Dave Reichardt dkreichardt@gmail.com www.squaredancesewing.com

The Joys of Being an Angel

Make new friends - Look forward to lessons each year. Be the first to meet the new dancers. Greet them when they come in the door, show them where to hang their coats. Where else can you go to meet people who just want to have fun? What a wonderful opportunity to expand your circle of friends. Look in your address book and see how many people are your dance friends. How many new people have you met in the past year who are dancers? If you need to borrow a 12 foot ladder who will you call? I'll bet it is a fellow dancer.

Let the new dancers know how much fun you had and that you are looking forward to seeing them next week. They will be more likely to return if they know that their new friends are waiting for them. The more angels there are on the floor the easier it is for the caller to teach the new moves. Show the new dancers that you are not upset by little mistakes. We made all of the same mistakes when we were starting. I tell the new dancers that they will *never* see the experienced dancers make a mistake, because we make them so *very, very fast* and cover them up with laughter.

Wake up your brain - No matter how tired you are from work an evening on the dance floor will make you feel better. You can sit home and stare at the flat screen or you can dance. Did you know that people have fewer brain waves when watching TV than they do when sleeping? Sit and be hypnotized by commercials or move to the music. When you are on the dance floor you cannot be thinking about what happened at work that day. You must be focused on the dance. If you want to relax and have a beer, just postpone it until after the lessons. Then you can all go out for a little after party at the nearest restaurant. I guarantee that beer will taste better after an evening of moving and laughter.

Move to the music -You complain about not getting enough exercise and let a perfect opportunity slip by. Exercise doesn't feel like exercise when it is on the dance floor. So what if you have to do right and left thru a hundred times in the first class. It always beats 100 sit ups. You could walk on the tread mill and not get anywhere or you could promenade around the floor and get back home. Back track, star thru and swing your partner. The laughter alone will burn off calories.

Family time - Dancing is the perfect family activity. Grandparents can dance in the same square with their grandchildren. Our boys learned to interact with many different adults and carry on a conversation. They also learned that they were expected to help with the club chores such as setting up the chairs and wiping the tables.

Our club encourages young couples to bring their children who are too young to dance. We put them in the dining area with coloring books and toys. We don't provide 'child care' but the angels who are not dancing keep an eye on the kids. If a kid needs a parent, we substitute an angel into that square.

Every lesson is a dance. - The more time you spend on the dance floor the more comfortable you will be. When you over learn a move by going through lessons again it becomes second nature and you don't even think about it. When you help a new dancer learn a move you will increase that person's enjoyment of our activity. Reducing their frustration will make both of you happier.

Don't worry about how the new dancers dress. As they become more comfortable their styles will change. This isn't about clothing; it is about fun and friendship. Accept the new dancers for who they are and let them adjust to this wonderful activity in their own way.

Put lessons on your calendar. - Mark it in big red letters. It is your night out with your partner. Consider it your date night. It is your night to support your club and your caller. You will also be supporting the entire nation wide activity. It is your night to have fun without competition or any stress. Just think how happy you will be wearing that big bright halo.

. * * * * * * * *

Traditionally, this month's sewing article is dedicated to the outfit for the upcoming State Festival. Our organizers have come up with a great idea for June of 2014 in Enumclaw, Washington. **Wear any state or national outfit from a previous year!**

What a fun way to honor all of our festivals and conventions.



NOW THAT YOU'VE ENJOYED YOUR "Weekend in Wine Country", it's time to begin plans for "Creating a Dream in 2014". The Square & Folk Dance Federation of Washington is arranging for another exciting weekend of dance and fellowship at the 62nd Washington State Festival. Save the date to join the dancing at the Enumclaw Expo Center June 20-21, 2014.

Registration began after the Pageant in Kennewick on June 15, 2013. Jump on board to confirm your attendance at our State's next Festival. Forms are available in most dance halls and online at the State website: www.squaredancewa.org.

For your convenience a variety of lodging and restaurant options are listed on the registration form. To assist in the best planning for your State Festival,



we appreciate your completion of the entire form, including contact information and RV dates. *Note: If you prefer to park an RV near other friends, please arrive together. Dogs are not allowed on the fairgrounds; only in the camping areas. We appreciate your cleaning up after pets. By indicating your primary dance preference (i.e., MS, Plus, Rounds and level, Clogging, Solo), the 2014 Festival will be able to better plan for your dancing pleasure.

Please complete your Registration Form and return it to Registrations Chairman: Bruce & Judy Ottoson, 2203 W Monroe Road, Spokane WA 99208. Checks should be made payable to 2014 State Square & Folk Dance Festival. You may pay in advance for Adults (\$30.00), Youth (\$20.00) or Family (\$80.00). Prices increase on May 1, 2014. If you need a Festival Badge, they are \$2.00 each. If you'd like to extend or subscribe to the state's Footnotes magazine, the subscription is \$15.00. RV parking is \$30.00 per night (electric only), water available nearby.

For Entertainers, the reverse side of the Registration form includes your contact information. Please indicate whether you are a caller, cuer, clogging instructor. If you would like to be included in the program, please indicate the level and times available. A letter will be sent to the Callers and Cuers giving them final information pertaining to calling or cueing.

Looking forward dancing with you again in 2014! Bruce & Judy Ottoson, Registration

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THE SOLO CORNER SALLY E. BUCKINGHAM

SALLY.BUCKINGHAM2@GMX.COM 425-293-4510



Traveling, vacations, errands, to do lists, and what is next on my plate?

Have the Square Dance Solos thought about connecting each week at a dance?

We all like to socialize, eat great food and play games... but is this really the answer to our low attendance at dances? Do you go to a dance to find you do not have a solo partner? Are you trying to catch up with a partner who has disappeared for some reason and you are left without a partner; frustrated and not able to dance?

Are you tired of a sign up board that has more men than women; or vice versa... or a person on the board leaves early; meaning there are now less dancers available to fill a square?

The introduction of getting the information out to our Clubs to invite the Solo dancer; and to let other Solo dancers know about a dance where they would have a partner... how easy can it be? Very!

I am for the idea that a Solo member of any club; simply set up a "Meet up" column via the Promenade and/or on their club flyers that post club activities and voila... Let's face it... if the clubs support Solos in their club, then why not be a part of the Dance Activity ads and include an invitation for all Solo's to attend. How do you know they are coming? Simply have a contact email to RSVP... Voila!

PRESIDENT'S AWARD



Kris and Margaret Kiser with Tanya and Gene Currier, recipients of the 2013 President's Award, which was presented during the 61st Annual Festival in Kennewick, June 13, 2013.

Photo by Cheryl Pruitt

level, which include President, Treasurer, (Area Delegate) Council

The couple that I

President's Award has

have chosen for the

been dancing for 59

the Salty Sashayers,

Square Rooters, Valley

Twirlers, and Jacks &

Jills. They have held

many offices at the

Club, and Council

plus years. (They are) presently members of

Rep. They have also been Council President, Vice-President, State Nominating, Heritage Center Delegate.

This couple is part of the Sou'Wester Council, as if you hadn't guessed that yet. And we are very lucky to have them in our activity. They are a very dedicated couple to their area and our activity. Now you will guess in a few minutes who this couple is:

- 1. Chairmen of the Pacific Northwest Teen festival in 1976.
- 2. Co-Chairmen of the 2009 State Festival in Ocean Shores," Let your light shine in 2009".
- ${\it 3.} \quad {\it Director\ of\ Publications\ for\ the\ 2012\ National\ Convention.}$
- 4. And I am very proud to introduce your Vice-President elect Gene and Tanya Currier!

Come on up Gene and Tanya. It is a great honor and privilege to give the two of you these President Award pin... well deserved.

Margaret and Kris Kiser State Federation President



Photographed by a member of the FOOTNOTES papparazzi corps in Milton-Freewater, incoming Veep Gene Currier anxiously tries to ferret out frog secrets.

Photo by Roger Barnes

PRESIDENT'S AWARD

Kris and I find ourselves back visiting in Evergreen Council, But tonight we are on official business. We are here to honor a very special couple. When Kris first started attending State meetings he thought they were ridiculous and boring. So this person and Kris would sit at the back of the hall or sometimes even in the kitchen drinking coffee and solving all the



Kris and Margaret Kiser with Scott and Kathy Donmoyer, recipients of the 2013 President's Award, which was presented at the June 29th Evergreen Council dance.

worldly issues or so they thought. They have both been a huge part of Evergreen Council for a long time, very dedicated to the Square Dance activity.

- 1. President for Evergreen Council for years
- 2. She delegate to State for many years or terms
- 3. Chaired or Co Chaired many special dances
- 4. Attended many National Conventions, very active in helping with the Oregon National Convention.
- 5. Attended many Leadership Seminars and served on the committee for seminar
- 6. Attended many State festivals, by the way we missed you in Kennewick.
- 7. Part of the Bid Committee for 2012 Convention.
- 8. Served as the Vice-chairmen for Tours and Special Events for 2012 in Spokane.
- 9. Was appointed to Publicity and Promotion for the Federation, but had to resign due to husbands health.

This past year he has been in the fight of his life with Kathy to support him. No matter how bad he was feeling he always said how's my girl, Love you Scott!! It is my honor and pleasure to present Scott and Kathy Donmoyer with the President's award. Congratulations, you both deserve it!!

Margaret and Kris Kiser State Federation President

Reids Receive 2013 McNutt

When you are nominated for a State honor like the McNutt Award, you are very humbled. There is always a tiny spot that says yes, I would like to receive that particular award; however, you always know deep in your heart, that there is someone else much more deserving of it.

The Bob McNutt

Award is presented annually,
generally at the State Festival. We
would like to recognize the previous
recipients:

2000 Walt & Wilma Scheibner from Yakima 2001 Lorraine & John Rouse from Spanaway 2002 Susan Healea from Longview 2003 Nina & Bill Leisi from Cheney 2004 Patricia & Don Wiggins from Walla Walla

2005 June & Larry Bassett from Spokane 2006 Bob & Linda Berka from Oak Harbor 2007 Denis and Ginny Crapo from Olympia 2008 Debbie & Paul Taylor from Cle Elum 2009 Jill & Roger Spiese from Port Orchard 2010 Shirley & Bernie Cook from Seattle 2011 Claudia & Bob Amsbury from Spokane

Now it is our turn to present.
The couple that we have selected has enjoyed the fun and fellowship of square and round dancing for over 25 years. They are always willing to participate in demo dances. They have worked on floats, entertained at community dinners and nursing homes, and demonstrated dancing at the local county fairs. They always encourage the spectators to be participants, teaching a line dance, or a mini square dance lessons. They have organized visitations and other dance events. If need be they



Photo by Mike Freels

volunteer to make motel reservations, and they even offer rides to the event.

They began cueing and calling in 1990. They have taught beginning round dance lessons, Round of the Month classes, square dance classes and then brush up lessons to those of us that just quite didn't get it. They have been very active at the state level by being both Square Dance editors, from 1995 & 1996 and again from 2006-2008, the Round Dance Editor for Footnotes. They have held many offices in their local area. They served on the Hospitality Committee for the National Convention in Portland in 1994 and again in Portland in 2005, and were the **Publicity Chairman for the National** Convention in Spokane in 2012. They also have choreographed Pink Shoelaces, and Rock & Roll Waltz.

You probably have guessed who it is by now, so would Bob & Claudia Amsbury, the 2011 McNutt recipient, please escort Neva & Bill Reid to the stage to receive the 2013 McNutt Award.

Presented by Ron & Georgine Woolcock, Olympia, 2012 Recipients.

2013 HARRY MACGREGOR MEMORIAL AWARD CONFERRED ON BEHAMS



We were truly surprised and shocked when we were awarded the MacGregor Trophy last year and once again thank Jim and Polly Burnside for honoring us and thanks to the people who nominated us.

Photo by Mike Freels

The recipient of this Trophy is to be

recognized as one who has done an outstanding job of promoting square dancing and has worked in many phases of our activity. It is to honor a person or couple for the time and effort that they have devoted to our hobby. They will retain it for one year and will then present it to another party outside their council.

We found the job of choosing this year's recipient to be a very hard decision. We had several nominations sent to us and each and everyone one is deserving of this award. If we didn't choose your nominee please update their resume and resubmit to this year's recipient.

The couple we have chosen as this year's recipients have been dancing for 29 years, taking mainstream lessons in 1984 and plus lessons 1989. He is a retired engineer and she a retired school teacher. They have three children and two grandchildren.

Starting in 1986 to this day they have continuously held several offices, committee chairs and appointed positions at club, council, state and national levels. They have chaired two state festivals and were presenters at three Leadership Seminars and moderators at two. They have been club president four times, vice president eight times, numerous years as Council Delegate plus worn many other hats in their club. At council level they have been and currently are president, they have been vice president several times, corresponding secretary seven years and again worn many other hats for their council.

The recipients have also been our State Computer Coordinator and Webmaster for the past 15 years.

Ladies and gentlemen from Central Puget Sound Council we present Dick and Earlene Beham.

Presented by Bob and Shirley Spain, Chehalis, 2012 Recipients.

Logans selected for 2013 Parker

At this time I would like to thank everyone involved with our nomination for the PARKER AWARD, to all those who sent letters on our behalf, to Kevin and Linda Thomaier for choosing us from other nominees and to the Dancing Shadows and Hits and Misses for holding an honorary dance for us.

This year's recipients began square dancing as a couple in1962. In 1964 at the urging of a square dance couple, he got his first singing call record, and did his first call, thus begin his calling career. Working as a team with his wife, he has called for numerous clubs. From 1964-1980 he called with the Dip and Weave Square Dance Club. In 1971 he started teaching square dance lessons. From 1975-1987 he and his wife assisted in forming and calling with three dance clubs: Swinging families, 76ers and the Junction Squares. In 1989 he added the Levis and Lace Square Dance Club.



Photo courtesy of Gateswingers

1991-1996 He has taught square dance lessons for the Gateswingers and the Wagon Wheelers Dance Clubs. In 1995 he became the caller for the Gateswingers.

1996-2001, they spent their time calling for the Gateswingers annual weekends at the Circle 8 Ranch along with Roger Spiese. They also are on staff with Circle 8 Ranch.

We received many letters for this couple which we noted had the same descriptions. Special Words that were sent in to describe this couple: tireless, cooperative, hardworking, timely, dependable, good sense of humor, pleasant, enthusiastic, upbeat and willingness to participate in any endeavor.

Promoting square dancing is one of their cherished priorities, along with making it fun. They have worked behind the scenes on numerous committees.

I believe they would say this was his, Highest Calling. In fact while in Grand Junction, CO. He was invited to call at the highest club in the U.S. (maybe the world) in Leadville, CO. elevation 10,150, often called the Cloud City.

They are a well deserving couple who have worked diligently for square dancing.

We would like everyone to stand as we honor the recipients of the 2013 Parker Award, Orvin and Jan Logan.

Presented by Don and the late Judy Cochran, Spokane, 2012 Recipients.

[Ed note: Due to a last minute circumstance beyond their control Orvin and Jan could not attend the presentation during the festival. They received the award at a special ceremony in Yakima.]



Blue Mountain Square Dance Council invites you to come and dance with them.

Columbia River Squares: Richland, Mainstream Plus & Rounds 2nd & 4th Saturday Sept to June, 509-546-1435

Family a-Fair: Walla Walla, mainstream, Plus & Rounds 1st & 4th Sat Year round, 509 539-2660

Melody Mixers: Kennewick Tuesdays year round Ph-2-4, 509 542-1310

Muddy Frogs: Milton-Freewater, OR Mainstream, Rounds Ph 2-3 Year round, 541 861-9055

Prairie Shufflers: Kennewick, Mainstream, Plus Rounds Ph 2-3, 509-542-1836

Tri-Cities Circulators: Kennewick, Plus and Intermediate Rounds year round, 509 539-2660

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Fairway Village Ballroom
15509 SE Fernwood Dr., Vancouver, WA
Sept 2-PARK

Sept 8-Jim Hattrick Sept 30-Craig & Al Frazier Sept 13 R Square D (MS)

Kelso Senior center, Kelso, WA Sept 14

Sagebrush Shufflers (MS) Calling & Cueing Ochoco Elem. School, Prineville, OR

> Sept 20 Sky Valley Whirlwinds (MS) Cornfeed Dance Triway Grange, Mill Creek, WA

The Following Dances with Rawhide Records Recording Artists Craig & Al Frazier, Austin, TX

> Sept 25-Bachelor N' Bachelorettes (MS) Abernathy Grange, Oregon City, OR

Sept 27-Afternoon-Tumbleweeds, IOOF Hall, Milwaukie, OR Sept 27-Eve-Evening-Single Trees (MS) Emerald Dance Center, Springfield, OR

> Sept 28-R Square D 50's & 60's Dance (MS) Kelso Sr. Center, Kelso, WA

Sept 30-Afternoon-Fairway Village Squares (MS) Fairway Village Ballroom, Vancouver, WA

> For Info Call 971-223-6128 or email Cabercrombie1@comcast.net http://craigabercrombie.webs.com/

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BLUE MOUNTAIN COUNCIL

Margaret Miller Area Reporter 509-522-2716 m2p2w2@yahoo.com



BLUE MOUNTAIN SQUARE DANCE COUNCIL thanks all of the Pacific Northwest dancers for supporting the 61st Annual Washington State Festival in Kennewick. The Thursday Trail End/In Dance had 176 dancers – 22 squares. We were quite pleased with the numbers. Many thanks to all of the dancers who worked on the various committees at many levels to insure that everything got done on schedule. Flooring and RV Parking was a challenge, but the go-to-guys got it handled.

When I left Walla Walla on June 12th, I had 552 registered festival dancers. Between Thursday night and Saturday night we registered an additional 117 dancers bringing our total to 669. There was a good turnout of cloggers. (I loved the sound of their "happy feet".)

I ate my share of ice cream; the vendor had a "cart" next to the Registration and Ways & Means tables... I could not resist! The Cyber Café had a limited but tasty menu which I enjoyed. AND right down the hall from the Café were some great couches and chairs with ottoman where the weary or sleepy could put their feet up and snooze. I thought that was a great feature.

At our council "Thank You" meeting and pot luck there was talk of perhaps doing it all again. We'll see what transpires at the September and January State Federation meeting. Yes I will be presenting the State Federation some \$\$ in September, we did collect enough dancer donations to share.

Margaret Miller, m2p2w2@yahoo.com

In the month of July, **FAMILY a-FAIR** held a demo for the Jubilee Boys Ranch. We sincerely appreciate the participation by the Muddy Frog square dance club. We love it that the boys from the ranch joined in on the fun. While it was hot, everyone had a fun time at Butch and Kim Munk's place in Umapine, Oregon. We appreciate their hospitality. It was a great potluck and dance. We started August off with a demo for Loren Harvey's family reunion. We continued the next day with a dance and card games afterwards. Fun times! The next week, part of our club went down to Boise, Idaho for USA West. It was lots of fun. And it just kept getting better with our club rounding out August with our fifth anniversary dance. There was great excitement surrounding our live band dance.

In September we will start off with a trip to Wallowa Lake for the annual dance weekend there. We will then have a demo on Main Street in Pendleton, Oregon for the annual Pendleton Roundup. Let 'er Buck!! And on the third

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Friday we will kick off lessons for our club. What a fabulous and busy few months.

Come & join us.

Ruth Cowan, ruthacowan@gmail.com

The **MUDDY FROGS**, plus the rest of the Blue Mountain Council of Washington, held their wrap-up meeting of the 2013 Washington State Festival at the home of Butch and Kim Munk in Umapine, OR July 20th, with an excellent Thank You barbeque potluck following. We had planned to dance on our newly totally rebuilt parade float, but it was too hot for that. The festival was a success, and plans are in the works to bid for the 2018 Washington State Festival to again be held in Kennewick.

By the time you read this, another Muddy Frogwater Festival will be history. It will not be held next year, as USA West will be occurring that same weekend in Pendleton.

Labor Day weekend plans are in the works to dance on our float in the Walla Walla Fair & Frontier Days parade.

The weekend after Labor Day is the Wallowa Mountain Rendezvous at Wallowa Lake, near Joseph, OR. The Blue Mountains Council of OR, of which we are a part, helps put it on. The head honchos are Bill and Neva Reid, who call and cue on Friday, with Roger Putzler calling and Neva cueing on Saturday. It's always a very fun weekend.

The third Sunday of September will be our pirate dance at the Community Building in Milton-Freewater.

See you on the dance floor!

Barbara Walter for Margaret Miller

COLUMBIA RIVER SQUARES are back and ready for another fun year of square dancing. Several of our members took advantage of the many special dances throughout the area this summer. We had a good send-off with the state festival being in the Tri-Cities this year in June. The facilities were wonderful and the callers/cuers were terrific as well.

Now CRS will begin their fall schedule on September 14th with Jim Swanson calling and Bill Holm cueing. September 16th our new dancer lessons will start. The first 2 lessons will be free. Bring anyone that is interested. Then we will have the honors of Ed Evans calling and Lorna Hayden cueing for the September 28th Hawaiian dance. Hawaiian attire would be fun to wear, but not required.

Remember that we dance the 2nd and 4th Saturdays at the Richland Community Center beginning with an Introduction to square dancing or Prerounds from 6:30 to 7pm and Mainstream from 7pm to 9:30 pm. Come join us, visitors are always welcome!

Blessings to All

Karen Baker,lk_baker@hotmail.com

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www.squaredance-wa.org September 2013 September 2013 www.squaredance-wa.org



www.centralareacouncil.org
Area Reporter
Carel & Michael Edgerly
509-674-5744
carele@cleelum.com

The CENTRAL AREA COUNCIL had a very successful 5th Saturday dance in June with Daron Tandberg calling and Jim Dobbs out of retirement to cue for us. We had a great turnout and a fun-filled evening with a Hawaiian theme. Our next 5th Saturday Dance will be March 29, 2014, at the Swauk-Teanaway Grange near Cle Elum. Put it on your calendars to join us; caller and cuer not yet selected but it will be fun!

Council clubs were represented at State Festival, Leadership Seminar, and various other club, council, and Circle 8 events.

We extend congratulations to the new state officers, and many thanks to the retiring officers for a job well done this past year.

Hope everyone had a great summer, but it will be good to get back into the dance season and see friends that have been traveling over the summer.

Carel Edgerly, Secretary

The **BLUE AGATES** are geared up for our 38th year starting Friday, September 13, at the Swauk-Teanaway Grange. Your caravans are always welcome to our dances on the second Friday and fourth Saturday of the month. Daron Tandberg calls, and Cyndi Silicki cues. Call our president, Gene Muren, (509) 674-5580, to let us know you are coming and verify the date and time.

Over the summer months, we did workshops with Daron Tandberg so new dancers could keep up their skills. Some of our members attended the State Festival, Leadership Seminar, and other mainstream dances at Circle 8 and the Central Area Council Hawaiian Dance in Moxee.

A special event we enjoy every year is a pot luck and dance for a few teenagers from the Chernobyl area of Belarus who visit our area every summer for several weeks. While here they get free health care by local doctors and dentists, attend Business Week at Central Washington University, and enjoy sight-seeing and other fun with their local host families. They enjoy the dancing and we love having them!

As a follow-up to the Plus Class Daron did for us this spring, some couples took part in the Plus Class & Plus Review in a Week taught by Kevin Thomaier and Tom Clymer at Circle 8 in July.

Officers for 2013-2014 are Gene Muren, president; Helga Firkins, vice-president; Dale Rusho, secretary; and Sally Noble, treasurer.

sallygililand@hotmail.com

GATESWINGERS want to remind everyone that we have changed our dances to the 1st and 3rd Saturdays of the month. Orvin and Jan Logan would also like to thank the Gateswingers for nominating them for the Parker Award. It was such an honor to be the winner of this award for this year.

This summer we had a very successful Summer Dance called 'Sunshine and Shades'. Everyone came with sunglasses and a sunny disposition except one. He was a 'shady character' all dressed in black (who turned out to be a she – Carel Edgerly). Fun was had by all with caller, Dave Boggs, who brought along his club the 4X8's of Moses Lake, including some of their young dancers who did a dance exhibition to show us what teen competition is like.

Fall Dancing with caller Orvin Logan and cuer Cyndi Silicki start on September the 7th with a regular dance. On September 21st we usher in the fall with a 'Hat and Scarf Dance'. Our Phase II Friday Round Dance is September 27th at 7:30 to 9:30 pm.

Jan Logan, ojlogan@charter.net

Each summer the **SILHOUETTE DANCERS** seems to be busier than the last! Our Mid Summer Nights weekend was a real success. It's so much fun to see everyone again. Sometimes it is only once a year which makes it more special. Jim Spence and Debbie Taylor cued our Thursday night dance for those who came early for the weekend. They did a fabulous job. We missed Randy Wulf though as they were late getting in.

We have been having lessons spasmodically as Debbie is a busy lady and can't cue for us every week. It gives us time to sit back and review in our heads everything she has taught.

We are going to start our beginning lessons in October this year. It gives us all time to get back into the swing of things. The Phase 3 dance will begin then as well. We are not sure of the rhythm yet.

With the start of a new dance year we can look ahead to fun and challenges. Hope everyone had a wonderful summer. Until next month, see you dancing around.

Dorothy Crosslin, dotif55@live.com

BLUE AGATE SQUARES

2nd Friday, 4th Saturday 7:30 - 10:30 p.m. **Daron Tandberg - Caller**

Cyndi Silicki - Cuer Swauk-Teanaway Grange, Cle Elum Dale: 509 260-1025 or 509 674-5275

SILHOUETTE DANCERS 1st Thursday Intermediate

Thurs - Ph 2 + 7:30-8:30 pmsome intermediate Ph3/4 lessons 6:30-7:30 PM Dance/Workshop 8:30-9:30 PM Cuer: DEBBIE & PAUL TAYLOR

Terrace Heights Grange, 3701 Birchfield Road Yakima, WA 98901 509-965-3015 • Visitors Welcome

GATESWINGERS

1st & 3rd Saturdays Mainstream 7:30-10:00 PM

4th Fridays

Phase II Rounds 7:30-9:30 PM

ORVIN LOGAN, Caller CYNDI SILICKI, Cuer

Yakima Valley Square Dance Center Moxee, WA - Phone (509) 697-3954

Dark June - August
Gateswingers@ Circle 8 Ranch
2nd Weekend In August



Bill & Neva Reid
The Dalles OR
Caller & Cuer

Roger & Linda Albany OR Putzler, Caller

Friday: Pre-Rounds 7:30 pm, Squares 8-10:30 pm, guest callers & cuers with Bill & Neva MC;

Sock Hop at the Soda Shop in Joseph, 11 pm until we're thru.

Saturday: Social Ballroom Workshop 12:30 - 2 pm;

A Little Bit of Plus Workshop 2 - 4 pm;

Blue Mountains Council Meeting 4 pm;

Potluck 6 pm;

Pre-Rounds 7:30 pm, Squares 8 - 10:30 pm;

After Party with cake 10:30 pm.

Sunday: Casual Trails-out Dance 9 - 11 am.

Cost of Weekend: \$40 per Couple, \$20 per Single



Co-hosted by Blue Mountains Council and Square Dance Connection For More Information - (541) 296-1570 Donna & Tom Rohde
Area Reporter
253-833-2825
donnalou13@comcast.net
www.cpsc-squaredance.org



CENTRAL PUGET SOUND COUNCIL welcomes all our dancing family back and hopes that everyone had a terrific summer. CPSC hosted a Dance Party on August 17th at the Seattle Police Athletic Association, 11030 E. Marginal Way South in Tukwila. This was a FREE dance and open to the public with the hopes of bringing in many new dancers for the lesson season starting with all our clubs. It was a Mainstream Program with Squares and Rounds and with some Contra and Clogging demonstrations. Don Wood was the M.C. with all Callers present calling on the program. There will be more information next month as to how successful it was, as this report had to be in by July 30th.

CPSC would like to congratulate our Council President couple, Dick and Earlene Beham on receiving the Harry MacGregor Award at this years State Festival in Kennewick. They are a very deserving couple and we are so proud to have them in our Council. The award was presented to them by Bob and Shirley Spain.

Pat Hoot, CPSC Vice President, hootpnr@yahoo.com

What have **BOOTS & LACES** members been doing over the summer? Some members have traveled locally and others around the state, but the Hoot-Mobile has won the contest for the most miles as Ron and Pat Hoot traveled to Montana and back, then to Oklahoma and Texas and then back to Oklahoma. They also continued on to Southern California and back to Washington. They keep so busy and thought retirement would give them some time to put their feet up and relax!

Several of us found it easy to get lost going to Kennewick without the aid of a GPS. A few wrong turns took us to West Richland and then on to Kennewick. Our members had a good time at the State Festival making new friends and catching up with other dancers usually seen at Festivals.

We have participated in local community parades or gatherings to get the word out about square dancing, held our Boots & Laces club picnic, attended CPS hosted "Free Dance" to introduce new people to our activity and had a table at the Meridian Grange where all clubs in the council had a big yard sale.

We are looking forward to the new dance year with Steve Noseck as our Caller and welcome back Debbie and Paul Taylor to cue the rounds. We welcome all dancers to join us on the 1st & 3rd Fridays at 7:30 to10:30 pm at 15422 Kent-Kangley Rd, Kent 98042.

Jan Emerson, emersonbobjan2@hotmail.com



Wow, the summer went really fast! The **BUCKSKIN KIDS** are back for another dance season. Another lesson season too.

The Buckskin Kids did their best to help promote square dancing over the summer by making appearances at NW Folklife with the Puddletown Squares as well as the Capital Hill Pride Festival. We would like to thank the Puddletown Squares and Gary Monday for inviting and including us in their events.

We were very honored when the NW Folklife staff allowed us to kick off the Armory Stage for the first time at this huge festival. The Armory Stage was formally known as the Center House Stage. Thank you to Brett Kappenman who helped us to have a very successful demo for the public.

Since lessons are kicking off and you will start to see preteens more on the dance floor, I thought I would list a few guidelines to dancing with the wee ones.

- 1. Try to keep dance styling to a minimum when they are in your square.
- 2. If you are going to ask a preteen/teen to dance, please make sure it is okay with their parents/guardians first.
- 3. Do not force a preteen/teen to hug you.
- 4. Unless you know the preteen/teen/family well, do not pick a teen up while swinging or twirling.
- 5. Do not get angry at them when they mess up. They often don't recover well and actually are afraid of adults.
- 6. If they do mess up, please smile at them and tell them it is going to be okay.
- 7. If a preteen/teen gets out of line, please tell the club leadership at once.
- 8. If a preteen is close to you and the caller calls "weave the ring" put your hands together like you are praying and say pretty loud "fishies" to get them moving.

Yellow Rock!

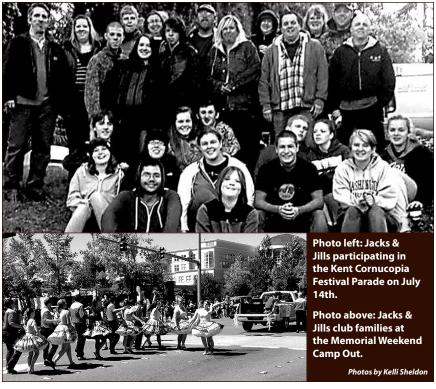
Leslie Young, pollyanna1962@gmail.com

The Buckskin Kids, photo montage at left, had a ball promoting square dancing over the summer. Top row left: Ashley Young, Breanna Schaewe, Annabelle Lavin and Sidnee Shropshire promoting square dancing at NWfolklife; right: Ashley Young carrying the promotional stuff to kick off the Armory Stage for NWfolklife. Second row: Ashley Young, Annabelle Lavin. Brendan Schaewe and Breanna Schaewe at the Capital Hill Pride Festival on a stage coach. Third row left: Ashley Young, Breanna Schaewe and Annabelle Lavin. We call this "cowgirls with attitude" at the Capital Hill Pride Festival; right: Ashley Young, Breanna Schaewe and Annabelle Lavin at the Capital Hill Pride Festival with the Puddletown Squares and Caller Gary Monday. Bottom: A picture of the Buckskin Kids dancing with the public at NWfolklife.

Photos by Leslie Young

Most teen square dance clubs choose not to dance during the summer, but not the JACKS & JILLS! This summer the club decided that the bond between all the dancers and families was too strong to be separated for three months. During the summer we met frequently, including every other Sunday, for some harmless fun after working so hard at practices and rehearsals getting ready for PNTSDF (Pacific Northwest Teen Square Dance Festival).

Also, as a group, the Jacks & Jills all participated in the Kent Cornucopia



Festival and Parade. The Jacks & Jills danced at the main stage two nights in a row, inviting people to learn how to square dance and have the time of their life for FREE! All the families got their tents, sunscreen, bathing suits, and camping gear organized to go on monthly camping trips together. Everyone had a great time enjoying each other's company and making great memories!

Now that it is the end of the summer and September is around the corner, the Jacks & Jills modern square dance club is now accepting new dancers to come join us! We are open to all people. We make everyone feel at home and welcome you with open arms. One major quality that makes the Jacks & Jills stand out from other teen clubs is that it's about kids having a blast and enjoying themselves. It's not all about making the kids meet a certain criteria of expectations. This club is known for the kids enjoying what they do and making sure everyone is involved. So if you are looking for a new hobby or to get your groove on, come join us and have the time of your life!

Brittney Soderland

JET STEPPERS had a nice summer and are looking forward to the new season of dancing. Our lessons begin on September 12th and our first dance will be September 21st. The CPSC Council free dance was held on our usual August dance night. We all felt it was a good idea to raise interest in square dancing for people who don't know we're still around! We took part in Maple Valley Days

and we were received very well. It was surprising how many people came by our booth and commented on their past experiences with square dancing. We had a raffle for free lessons for two couples and had many people sign up. Hopefully we can get some of them to come to lessons in September.

We hope all the clubs will grow again this year! Happy Dancing!

Linda Robinson, elephantloverme@comcast.net

The MAVERICKS - Preteens, teens and adults . . . these are the three main age categories in life. But what ages are defined into these categories? In society, a preteen is anyone that is under the age of thirteen. A teen is anyone under the age of eighteen. An adult is anyone eighteen or older. These are society's standards, but what about square dance standards?

I went to a dance a few months ago that was charging anyone over seventeen-years-old the adult price and this confused me for a second. Yes, that is society's standard for who is an adult, but this dance was at a teen club. Yes, a teen club with members that were twenty-one-years-old. According to PNTSDF, you are considered a teen until you are twenty-one-years-old, so why was a teen club charging these "teens" the adult price? Because in square dancing every club is different! One club could say you are a teen until seventeen, another could say you are a teen until nineteen, and a different club could say you are a teen until twenty-one. And why is that? In society, we have one standard and that standard fits pretty much wherever you go. Why is it that there are three clubs in the same council that have different standards? Why can't we just set one standard for the whole square dancing community?

Even if you think I am asking too much of the square dancing community, councils, club boards or even you reading this, there is one small change you can make to help a little. On your price signs that you put out at dances, put on there what age you consider preteens, teens and adults in your specific club. I know it is hard as a teen in the awkward age of nineteen to go to a dance with an adult club. Walking up to the table to pay and having a staring contest with the person there because neither one of us know how much I should be paying. Both of us (are) probably thinking the opposite. I am thinking "I am part of a teen club so I should pay the teen price even though I am older than seventeen, right?" And the person at the table thinking "This crazy girl is over seventeen years old and she should be paying as an adult." Most of the time if you are part of a teen club you are going to bring just enough money to get in as a teen because that is what you assume you are. Adult clubs assume you are an adult if you are older than seventeen.

So even if we don't all want to agree on a general set of ages for dancers, please at least clarify what you consider preteens, teens and adults at your own club. This way, everyone knows how much they owe to dance at one of your dances. It just makes it easier and clears up any confusion that either your club or outside dancers coming to your dancers have.

Tiffany Garboden, tiffany.nicole.g16@hotmail.com

The PI-R SQUARES had a great summer. Our campout at the KOA in Castle Rock had great weather, food and companionship. Andy Garboden called our dance at the campout and a new cuer Matthew Richard cued. A fun dance! Horseshoes and ladder ball games were great. Some of us took a trip to see Mount St. Helens ... especially the movie ... and the scene at Johnson Point was spectacular. We are looking forward to square dancing in the 2013 – 2014 season. It will be good to get back in the groove at our first dance on September 14th and our Pie Dance on September 28th.

The PI-R's will start a new dancer class on Thursday evening October 3rd at 7:00 pm at the Zion Lutheran Church in Auburn. It is always fun to see new people enjoying our hobby and all of us getting more exercise.

Come dance with us any 2nd and 4th Saturday at the Meridian Grange in Kent from September through May.

Terry and Marilyn Quinett,mvjunkdealer@juno.com

As summer is quickly going by, **SOLO SQUARES** new officers have been very busy setting up caravans with other clubs, thinking up some fun-themed dances for the new season upon us and of course, the beginning of our Fall Dance Lessons.

Our Mainstream lessons will begin Sunday, September 15th from 3:00 to 5:00 pm at the Cedar Grange in Maple Valley. Cliff Nichols will be the instructor. The first LESSONS are FREE, so send anyone who is thinking of dancing out our way.

Fall is always a fun time to set up themed dances. We will be having our first Hawaiian dance on September 15th from 7:00 to 9:00 pm to kick the season off. Our annual MAN IN BLACK dance is October 6th. Always a great time! Our Halloween Dance is October 20th and our Feed the Hungry Dance (and Food Drive) will be on November 3rd. Our Toy & Teddy Bear Drive Dance is on December 1st. These are just a few of our upcoming dances.

If you would like to set up a caravan with us, please contact our Caravan Chair, Elizabeth Munday at (425) 970-3077 or our President, Bob Travis at (206) 244-0818.

Bobbie Benson, pugzr4us@yahoo.com

WAGON WHEEL members had a very busy summer. Some dancers attended the Washington State Festival in Kennewick while one couple attended the 62nd National Square Dance Convention in Oklahoma City where they participated in a Fashion Show. Three couples drove their RV's to the Lolo Square Dance Center and Campground in Lolo, Montana in the middle of July and had a great time!

Members who weren't on vacation supported our annual Fireworks Stand on the Benson Highway in Kent. This is always a fun time to get to know our fellow square dancers a little better.

See CENTRAL PUGET SOUND | 70

CENTRAL PUGET SOUND COUNCIL

www.cpsc-squaredance.org

SUNDAY

SOLO SQUARES

1st & 3rd (Mainstream)
Cedar Grange, Maple Valley
Cliff Nichols / Linda Nold
206-525-2189
www.solosquares.wordpress.com

TUESDAY

TIMBERLANE CLOGGERS

Weekly (Beginner/easy/intermediate) Edgewood Grange Sher Francis 253-761-2232

FRIDAY

BOOTS & LACES

1st & 3rd (Mainstream) Meridian Grange, Kent Don Wood / Debbie Taylor 425-255-5894 / 253-630-0586 www.bootsandlaces.org

KT's

3rd (Plus) Cedar Grange, Maple Valley Kevin Thomaier 425-266-0311

PHILS & PHILIES

2nd & 4th (Mainstream) Meridian Grange, Kent Kevin Thomier / Marge Kost 253-804-3244 www.philsandphilies.com

SATURDAY

JET STEPPERS

1st & 3rd (Mainstream) Cedar Grange in Maple Valley Chuck Martin / Linda Nold 425-271-3645

WAGON WHEEL SQUARES

1st & 3rd (Mainstream) Plus at 10:30pm Meridian Grange in Kent Wayne Easton / Randy Wulf 206-915-1415

SATURDAY

CONTRAILS CONTRA DANCERS

 2^{nd}

Juanita Community Club, Kirkland Susan Morris 425-881-0691 susan@callersusan.com

PI-R SQUARES

2nd & 4th (Mainstream) Meridian Grange in Kent Andy Garboden / Marge Kost 253-569-0393 www.pi-r-squares.org

YOUTH

BUCKSKIN KIDS

Mon lesson / Wed dance at 6:30pm Dimmit Middle School in Renton Stephanie Speelman 206-772-4255 www.buckskinsandmayericks.com

MAVERICKS

Mon lesson / Wed dance at 6:30pm Dimmit Middle School in Renton Stephanie Speelman 206-772-4255 www.buckskinsandmayericks.com

JACKS & JILLS

Sunday Meridian Grange in Kent Brett Kappenman 206-718-2055 www.ijweb.net

CALLER / CUER

Northwest Round Dance Teachers Assn 206-364-4173 Puget Sound Teachers & Callers Assn 253-630-1114



Updated 12/12

EVERGREEN COUNCIL www.sqdance.com AREA REPORTER Jean Tolstrup 360-573-5886

jet@pacifier.com



This summer continues to be a busy one for the **EVERGREEN COUNCIL**. Our June 29th Fifth Saturday dance was a great success. We were honored to have Washington Federation Presidents, Margaret and Kris Kiser, in attendance. They were here to present the Washington Federation President's Award to two very deserving council members, Scott and Kathy Donmoyer. The award is given in recognition of exceptional service in furthering the development of square and round dancing within the state of Washington. Scott and Kathy's commitment to this great activity is obvious to anyone who knows them. They have long been a positive presence in Washington and Oregon by helping on many committees, festivals, and National Square Dance Conventions. We were delighted to have these special people honored by Margaret and Kris Kiser.

We were also delighted to learn that the Washington Federation has honored two other council members, Neva and Bill Reid. Neva and Bill are this year's recipients of the McNutt Award given for an outstanding job of teaching and promoting round dancing. Neva and Bill certainly deserve this recognition of a job well done. We will be celebrating their achievement at our August 31st Fifth Saturday dance. Coincidentally, Bill and Neva will be our caller and cuer for the evening. We hope you were able to come and help us congratulate them and enjoy an evening of great dancing.

The August 31st dance will certainly be an evening of celebration. In addition to honoring Bill and Neva, this year's Bob Kendall Award recipient will be announced. The Bob Kendall Award is an Evergreen Council Award given to a Council member or couple who represent the spirit of fun and fellowship that exists in the activity of square and round dancing. Each year the recipients have been people who have truly given of themselves to ensure that others will have the opportunity to enjoy the experience of square and round dancing. It's always exciting to learn the names of the new Bob Kendall Awardees. As you can see, it's going to be (or was) a great dance!

Jean Tolstrup

Welcome back! Are you ready to dance? **BUZZIN BEES** sure have enjoyed the slower pace of summer, which we kicked off with a tailgate BBQ for our last dance. We attended the Evergreen Council dance, visited other clubs while we were dark, attended summer fest, and had a good time at the Bee's picnic and

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planning session. But, it is time to pick up the pace and try out the new dancing shoes I got at summer fest. We will kick off our season on September 7th at 7:30 for pre-rounds and 8:00 pm for the dance. While we were dark, the Hazel Dell Grange underwent a lighting upgrade, and we are anxious to give it a try. We have planned some fun themes for our dances - keeping some of our favorites and trying a few new things. Square dance lessons start September 15th at 6:00 pm at the Hazel Dell Grange. We will start round dance lessons with Debbie Combs in October - more info to come. We hope to see you in a square.

Debbie Broers

HAPPY HOPPERS have put on our dancing shoes and are looking forward to another great year of dancing. The first dance of the season will be September 7th. Continuing an established tradition, we will be collecting school supplies for a local elementary school at both September dances. It's been very rewarding to know what a difference the generosity of square dancers can make in helping young children have a good beginning to their school year.

We're also anticipating the start of our lesson program on September 9th. We'll be following our 4 by 8 program with plus, basic, and mainstream levels taught each class night. We continue to be delighted with the success of this program as evidenced by the many people who have learned to dance at a pace suited to their needs. Whether or not they decide to join our club, we know they have had a positive square dance experience, which could influence their decision to join another club or resume their dancing with us at a later date.

The Happy Hoppers were thrilled to learn that two of our members were the recipients of the Washington State Federation President's Award. Margaret and Kris Kiser presented the award to Scott and Kathy Donmoyer at the Evergreen Council June 29th Fifth Saturday dance. It was so exciting to be present when two such deserving individuals were recognized for their work and commitment to square dancing! Congratulations, Scott and Kathy! We are very proud of you!

As the new dance season gets underway, we won't forget the many great dances we attended during the summer. We'd like to extend a huge "Thank you!" to the many volunteers who worked to create such wonderful dance venues as the Washington and Oregon Summer Festivals, the 62nd National Convention, and the many weekend events available to square and round dancers.

Jean Tolstrup

The **SILVER STARS** have been very busy during the summer months. We danced at the Clark County Fair, were in the parade for LaCenter Days, and had our annual summer picnic at Lewisville Park in July. We did all this along with our regular dances on the 2nd and 4th Saturdays. The Washington Summer Festival, Oregon Summer Festival, National Convention in June and numerous weekend events and local club dances also kept our dancers very busy and entertained.

See EVERGREEN | 72



Leslie Keyes

Area Reporter

I_a_keyes@msn.com

MOUNT BAKER COUNCIL hopes everyone enjoyed the many dance opportunities over the summer and are ready to begin another year of FUN! Did you have a chance to promote square dancing in your community over the summer? Some of our dancers were able to participate in a demonstration dance at Warren G. Magnuson Park on the shores of Lake Washington in late July. We wish your clubs much success with new dancer lessons this coming dance season.

We are looking forward to the council's 5th Sunday dance on September 29th from 2-5pm at the Skagit Valley Grange, 21273 Cook Road, Burlington, WA. You can be sure to have a good time with Brent Mawdsley calling and Ron Woolcock cueing. We want to thank the Stanwood Sashayers as the sponsoring club. We know they are going to bring you a super dance! We hope you can make it.

Leslie Keyes, L_a_keyes@msn.com

'People don't realize that the brain is like their biceps. Both can be toned at any age.' Baby Boomers you are on alert. Dr. Majid Fortuhi, a neurologist, of Brain Health and Fitness Institute says the 'Best remedy for late life Alzheimer's disease is midlife intervention.' It is not a pill. It is exercise and our bodies won't wait 'til it hits. We, who do dance, recognize that exercise can be fun. We owe it to ourselves, our families and friends to get those 'Boomers' out on the dance floor. Classes start soon, so take them by the hand and get them to just try it.

After a summer of dancing all over with all kinds of callers thanks to the clubs who have offered dances this summer, the **HAPPY HOPPERS** are ready to take on the challenge of a new year. Check your regular square dance magazines for a list of our callers to excite your musical brain cells and bring a friend to observe. May they fall prey to our magic.

Our first dance of the new season is September 21st with Kevin Thomaier, calling and Kayleigh Johnson cueing. Ready yourselves for our first dance in October with National caller, Kathy Racine (you may have heard of her at Nationals in Spokane last year) and Stephanie Speelman, a lively local cuer. The beginning of the season welcomes us all to reignite our friendships. We hope to see you.

Tend to your BBQs. It is still summer...

Jean Raymond, frjr@msn.com

FIDALGO FOGCUTTERS have had a great summer of dancing at Circle 8, Leadership, Skagit Valley Hoedown and at the clubs that have continued their dance programs over the summer.

Our Fogcutter members Ron and Gailyn Ploeg, Bob and Linda Berka, and Jim and Lorraine Ensley have traveled well over 3000 miles in Alaska. They have shared some of their adventures with us. Their travels took them to Ninilchik, Wasilla, Whittier, Willow and Denali, where they celebrated Linda's birthday at the Cabin Night Theater, then on to Fairbanks. They turned south on the Cassair Highway to start their return trip home. Once again they stopped to fish Boya and Kinaskan Lakes to catch some tasty trout. Check in with them to learn of the exciting and fun adventures they have had on this trip. Welcome home and we have missed you all this summer.

We thank everyone who helped support this summer's annual Skagit Valley Hoedown held on July 26-27th. We always enjoy having our Canadian square dance friends join us for this special event. We especially want to thank John Corrigan and Steve Noseck for calling and Randy and Marie Preskitt for cueing. They kept our Squares and Rounds fun and lively and the workshops challenging and interesting for all. It was a great weekend and we now look forward to the 2014 Hoedown.

We begin our dance season on September 6th when we have John Corrigan calling and Bob and Linda Berka cueing. On September 20th we have Ray Gallagher calling and Bob and Linda Berka cueing. John Corrigan will be teaching Extended Application Plus workshops on the third Saturdays starting in September, October and November. Save the date of October 18th for our Prawn Dinner. Flyers for the lessons and Prawn Dinner will soon be available with more information.

Snookie Carlson, snookie@karuson.com

SKY VALLEY WHIRLWINDS have had a fun summer. Some went to the State Festival in Tri Cities with Jerry Junck, along with local and new callers. Some went to Leadership Seminar and danced to Dee Dee Dougherty-Lottie and Bill and Karen Holm at Circle 8 and others danced at Circle 8 Ranch with Jim Hattrick, Brent Mawdsley, and Scott Coon to name a few. Some traveled in state and some out for time with family, friends and other square dances in Boise, Idaho (USA West). Many of our members attended our club picnic and had a fun time eating, socializing and swimming.

Our new lessons start on September 19th with a spaghetti dinner at 6:00 followed by lessons at 7:30 to 9:30 at the Tri Way Grange in Mill Creek, Washington. The caller is Spyder Webb.

Our dance season begins on September 20th with Craig Abercrombie calling and John Neverdowski cueing with lots and lots of corn on the cob prepared by Lee Clark and Dottie Dillery. We would love to have you come join us for a fun time. Our dance will be held at the Tri Way Grange in Mill Creek, Washington with pre rounds at 7:30 and dancing starting at 8:00pm.

Elizabeth Lee, ssywhirlwinds@aol.com

CASCADE CROSSFIRES had a great summer! We danced on Monday evenings until the end of July with Susan Morris and Stephen Cole calling. Dan Preedy even dropped in a couple of times. We really appreciate him adding to the fun! We took the month of August off for a bit of a rest.

On September 9th we start our new dance year at 6:30 pm with an hour of 'AWESOME PLUS' to add a bit of challenge to those interested in twisting it up. The regular workshop begins at 7:30 and runs until 9:00 pm.

On October 7th we start a new round of lessons under the direction of Susan Morris. The lesson schedule will begin with an hour of 'AWESOME PLUS' from 6:30 to 7:30 and then lessons from 7:30 to 9:00 pm. Just to shake it up a bit more, we decided to take a lesson from our friends in Canada and give it a try this year.

We have dropped our twice a month Friday evening dances and switched them to the 4th Monday. Every 4th Monday we are holding a club dance. We start at 6:30 pm with a half an hour of 'AWESOME PLUS' then 7:00 to 9:00 pm for our regular club dance. Susan Morris and Stephen Cole are the callers (unless otherwise announced). Dance attire on Mondays is casual dress. In addition, we will also be hosting three 5th Friday or Saturday dances throughout the year with the first one on Friday, November 29th. We have guest callers and cuers lined up along with some fun, Fun, FUN, themes planned. We will have more to come on these events next month. We hope you can join us. Please look for our ads in Footnotes and mark your calendars for these fun events! In closing, welcome back to a new dance year and can't wait to see you all on the dance floor!

Cathy Bruhn, its.cathy@hotmail.com

Summer is almost gone and the **FREEWHEELERS** have been actively dancing all summer long! From the Washington State Festival in Kennewick to our 'Crazy T-shirt & Hat' dance featuring caller/cuer Roger and Jill Spiese, we have enjoyed a summer filled with fun.

We had a wonderful caravan with 12 Freewheelers attending Jill and Roger Spiese's other club, the Paws and Taws, in Gorst in July. We always enjoy joining the fun at one of their dances. The 1st caravan of the new season will be on Friday, September 20th, to the Sky Valley Whirlwinds, Corn Feed Dance. The Skagit Squares will be joining us on September 15th.

Due to poor attendance for our last two New Dancer Classes we have decided to do PLUS LESSONS this year. The first one will start on Wednesday, September 11th, at the Lake City Community Center from 6:30–8:30 pm. Dennis 'Spyder' Webb will be our teacher. The cost for all the classes is \$5.00/ night per person. We will continue to have 3 level dances (October, March and June) each year to support new dancers in our area.

We dance the 1st and 3rd and some 5th Sundays of the month from 7:00–10:00 pm at the Lake City Community Center. There will not be a dance on September 1st due to the Labor Day holiday. Come and join us September 15th when we will have our 50's Dance with Roger Spiese calling and Debbie Taylor doing the cueing. Our 5th Sunday dance on September 29th has been cancelled

so that we can all rock around the clock at the Mt. Baker Council 50's Sock Hop from 2-5 pm at the Skagit Valley Grange on Cook Road in Sedro Wooley. The Stanwood Sashayers are hosting.

Ruth Jester, ruthjester@frontier.com

The **CHECKERBOARD SQUARES** of Edmonds begin their 44th season this year. As I come newly into this Footnotes reporting role that number seems amazing to me. True, I've been a part of Checkerboards for several years, but to recognize that there is such a history, I'm pleased to be a part of it in this way.

In June we graduated three couples and a single, bringing a few into the world of square dancing. Lessons will begin again this month on the 22nd with Ray Gallagher leading us Sundays from 6:00 to 8:00 pm at the Edmonds Masonic Hall, 515 Dayton Street in downtown Edmonds. Sheryl Landry and Roy Johnson are the contact folks.

Jim and Polly Burnside and Sheryl Landry and Roy Johnson from the Checkerboards joined some couples from other local clubs at The National Square Dance Convention in Oklahoma City in June. There were a total of 94 of us from Washington State.

July fourth saw the satisfying of holiday appetites when Chef Rich McCreary and Jan hosted the annual 4th of July Checkerboard Picnic. The menu included Hamburgers, Hot Dogs, Polish Sausages, Pork Ribs, Chicken and roasted ears of corn from the large grill. Shared dish items included salads and desserts aplenty. This is always a nice chance for former club members to keep in touch. One couple brought their visiting family from Norway.

The club hosted a couple of summer dances to help those recently graduated new dancers, and others, too, to keep up their skills. Caller Greg Weber, who retired from Checkerboards this spring, came one more time for the club for the first of the summer dances July 27th. Ray Gallagher came to the hall for the club's second summer dance on August 10th. These were both great opportunities to keep up and to keep in contact.

The second week-end of August saw club members donating their time and expertise at the Taste of Edmonds. Dancing music in the background, fliers and brochures were distributed, and even a demo square. Good publicity!

This month's scheduled dances are Saturday, September 14th and Saturday September 28th. We will have a variety of callers this season, with Brett Kapperman on the 14th, with a Cowboy Roundup theme and Leo Catt on the 28th calling for the Hobo Dance. Debbie Taylor will be cueing both dates.

Another way for Checkerboards to keep in touch has recently been developed. In addition to the club's monthly newsletter which is sent to members, and posted on the Council's web-page, the club's own web-page has been upgraded. Take a look by way of the following link: http://checkerboardsatedmonds.wordpress.com. A chance to comment is there as well.

Jim Erickson, charjim2213@gmail.com

RAINBOW SQUARES members enjoyed a delicious potluck General Meeting held in the lovely yard of one of our members - Gail Bruun - in July. We then participated in our annual Demo Dance at the NW Washington Fair in Lynden in August. We had 50 participants enjoying the Calling of Brent Mawdsley, and we handed out lesson flyers for our classes starting on September 24th with Oren Gaskill teaching.

Rainbow Squares 2013-2014 dance season starts off with a 'Mexican Hat Dance' dance on September 14th and we will be collecting school supplies for children in need. On September 28nd will be an 'Apple Harvest Dance' with a pie social following the dance. Brent will be Calling and Cueing both dances with Pre-Rounds at 7:30 pm and Mainstream from 8-10 pm.

We all had a fun summer and look forward to even more fun this dance season with some new themes - stay tuned!

Lew & Oren Gaskill, olgaskill@comcast.net

'The leaves of brown come tumbling down in September' ... somewhere in the US of A. But in the **DUDES & DOLLS** corner of this great nation, in little old Lynnwood, the leaves will still be hanging on for a few more weeks, hopefully it will be well into October before the trees get bare and the pumpkin gets frosty.

Our new slate of committee chairpeople (Can't call them chairmen or chairwomen in this State!) have been hard at work doing the doings that make Dudes & Dolls a world-class square dance club.

Lessons also get into full swing at the beginning of September. We have a pre-lesson session on the first Tuesday (9/3) before we start the lessons officially (9/10). Our first dance is on September 13th and has a 'Forever in Blue Jeans' theme. At this dance we ask for donations of school supplies for those in the community that need them. September also finds D&Ds caravanning to Skagit Squares and their 'Tuscan Harvest' Dance, with an Italian Pot Luck before the dance.

Then on the 27th of the month we dance to a Rhinestone Cowboy theme. I never danced with a cowboy, much less one covered in rhinestones, but who knows what can happen at square dancing. The ever fun-loving Sky Valley Whirlwinds will show their dancing prowess, and maybe one of them will show up as a bejeweled cowpoke.

At the end of the month (9/29) is the gigantic Mount Baker Council Fall Dance. It is being held at the Skagit Grange, from two o'clock until five o'clock. The caller, Brent Mawdsley, will be there with his choice music and great sequences of square dance lingo. Ron Woodcock will be cueing with his inimitable style of round dances.

The Council Dances are great events, and each has been special throughout the years.

September is the start of our Fall Season, but for us lucky square dancers, it is an exuberant HAPPY NEW YEAR!!!

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Warren Funnell, warnfnel@msn.com

The **WOODINVILLE SQUARE CROWS** have had wonderful summer dances! Unfortunately we did have to say good-by to John & Wendy Syrstad in July. They have retired and we wish them well in this new phase of life – but we will miss them!

We begin a new season on September 6th with Jim Hattrick on stage and then September 20th with Gary Monday and Karen Neverdowski.

We start our lessons on September 10th at 7:30 pm with Stephen Cole instructing. We're doing 10 weeks of Basic lessons and then 10 weeks of Mainstream. We'll be at the Sammamish Valley Grange and the first lesson on September 10th is free to new dancers. We accept students age 12 and up.

Lynn Von Seggern, lynnvs@cablespeed.com

FERN BLUFF SQUARES is really looking forward to the 2013-2014 dance season. Our new location has been popular because of the wood floor and the great people we have in our club. We are also very excited about some of the new themes we voted on this year and so be sure to look for our ads.

Our first dance is on Saturday, September 14th at the South Lake Stevens Grange. It's going to be a Football Kickoff! Are you ready for a tailgate party with some square-dancing? Then you want to be at our kickoff for the year with some great tailgate food and fun dancing. Our caller, Ray Gallagher, and our cuer, Linda Nold will be there to stir up the floor! Wear your favorite team colors and come join us!

Lessons, on Thursday nights, for Fern Bluff will continue to be held at the East County Senior Center, Monroe, WA. We hope to have a full hall of new dancers starting on September 19th at 7:30 pm. If you have friends and/or family living in the Sky Valley area please let them know we are open for kids/teens and adults!

Our club also continues to support the many activities of Mount Baker Council and along with that we are working with fellow club members Cliff and Cathy Bruhn, who are chairing the 2015 Washington State Square Dance Festival.

Darcy Coon, darcy_coon@hotmail.com



CASCADE CROSSFIRES

Plus Mondays 7:00pm@woodinville Sammamish Valley Grange ~ Susan Morris~Guest Callers (425) 881-0691

CHECKERBOARD SQUARES

MS, 2nd & 4th Sat 7:30-10:30pm @ Masonic Hall, Edmonds ~ Guest Callers/Debbie Taylor (425) 338-2255

DANCING SHADOWS

Rounds, 1st & 3st 7:30-10:30 pm @ Lake City Community Center, Seattle ~ Debbie & Paul Taylor (425) 483-6701

DUDES AND DOLLS

MS, 2nd, 4th & 5th Fri 7:30-10:30 pm @ Cedar Valley Grange, Lynnwood ~ Scott Coon & Guest Callers/Debbie Taylor (425) 486-8587

FERN BLUFF SQUARES

MS, Family, 2nd Sat 7:00-10 pm@ East County Senior Center, Monroe ~ Ray Gallagher/Linda Nold (360) 805-6853

FIDALGO FOGCUTTERS

PL, 1st & 3rd Fri 7:30-10:30 pm @ Skagit Valley Grange, Sedro-Woolley ~ John Corrigan - 1st Fri, Guest Caller - 3rd Fri/Galen Ploeg (360)766-6729

FREEWHEELERS

MS, 1st & 3rd (some 5th) Sun 7-10 pm @ Lake City Community Center, Seattle ~ Roger Spiese/Debbie Taylor ~ (425) 337-5441

HAPPY HOPPERS

MS, 1st & 3rd Sat @ Stillaguamish Senior Center, Arlington ~ Guest Callers/Shirley Cook ~ (360) 387-8727

HAPPY ROUNDERS

Rounds, Ph 3-4, Tues 7:30-9:30 pm @ The Hayloft, Lynnwood ~ Randy Preskitt (425) 348-6030, (206) 364-4173

MT. BAKER SINGLES

MS, 2nd Fri 7:30-10:30 pm @ Skagit Valley Grange, Sedro-Woolley ~ Dave & Bonnie Harry (360) 629-6380

MT BAKER TEACHERS/CALLERS/CUERS

Info Contact: Susan & Larry Morris (425) 881-0691 CallerSusan@gmail.com

RAINBOW SQUARES

MS, 2nd & 4th Sat 8-10 pm @ Ten Mile Grange, Lynden ~ Brent & Therese Mawdsley ~ (360) 738-8186

SAMENA SQUARES

MS, 2nd & 4th Fri 7:30-10:30pm @Juanita Community Club, Kirkland ~ Guest Callers/Cuers ~(425) 823-6581

SHIRTS-N-SKIRTS

MS, Teens, Wed 6:30-9 pm @ Canyon Park Jr Hi, Bothell ~ Randy & Marie Preskitt ~ (425) 348-6030

SKAGIT SQUARES

MS, 3rd Sat 7:30-10 pm @ Mt Vernon Senior Center, Mt Vernon ~ John Corrigan/Bob Berka ~ (360) 424-9675

SKY VALLEY WHIRLWINDS

MS, 3td Fri 7:30-10:30 pm @ Triway Grange, Mill Creek ~ Guest Callers/John Neverdowski ~ (425) 334-4934

STANWOOD SASHAYERS

MS, 1st Sat 7:30-10:30 pm ~ Ray Gallagher/Bob Berka ~ (360) 387-5055

WHIRLYBIRDS

MS, 1st Fri & Sat, & 3st 7:30-10:30 pm @ The Hayloft, Lynnwood ~ Dave Harry/Roxanne Boelter (425) 806-8423

WOODINVILLE SQUARE CROWS

MS, 1st & 3rd Fri 7:30-10:30 pm @ Sammamish Valley Grange, Woodinville ~ Guest Callers/Linda Nold (360) 805-1891

Website <www.sqdance.org>

See 2013-2014 State Directory for street addresses of halls.



Jackie & Del Chase **Area Reporter**

The APPLELAND PROMENADERS enjoyed the sunshine and had a great summer: travel, dancing, camping, Circle 8 activities reunions, the annual August dance with Jerry Junck, and more. The club's new officers, installed at the June dinner meeting, are Hugh Blair, Claudia Olson, Linda McElhaney, and Jeri Jacobson. They've been busy and are ready for the fall dance season to begin. It will kick off with a September 14th dance called by Tom Clymer and John Syrstad, and cued by Wendy Syrstad. This will be followed on September 28th with Tom Clymer calling and Jim Spence cueing. October gets into full swing with dances on the 4th, 12th, and 26th. More about those dances next month.

Get the word out that square and round dance lessons will begin soon. The more the merrier, as they say. Mainstream lessons start Wednesday, October 2nd, 7:00 – 9:00 pm. with the first 2 lessons free. Beginning round dance lessons begin on October 17th, 7:00 - 9:00 pm.

Say---Did you attend the State Square and Folk Dance Festival in Kennewick? What a well-executed event: wonderful venue, great callers and cuers, diversity of vendors, plus, it was superbly organized. It was a good time. Thanks to all who worked so long and hard to make this all happen. Make plans for next year in Enumclaw.

Kay White, kwhite@nwi.net

BUDS & BLOSSOMS danced until July 19th before taking a break for the rest of the summer. Our club picnic August 3rd at Walla Walla Point Park. We will return to the regular dance schedule Friday, September 13th. Club caller, Don Jackson, and club cuer, Fran Lucas, will continue their dedicated work when we start the new season. Dances start 7:30 at East Wenatchee Grange.

Looking ahead to October, Buds & Blossoms anniversary dance will be October 18th, with Dave and Sharon Boggs calling and cueing. Hope everyone had a good summer, come and dance with us soon.

Don Richardson, ventusnord@aol.com

CASCADE TWIRLERS last dance of the season was our ICE CREAM SOCIAL. We had a fun time dancing and topped it off by having ice cream sundaes afterward. We have been dancing this summer at the State Festival and had a good time. We also went to Circle 8 for the new caller graduation and had a fun time dancing to them. We cooked hamburgers which were provided by North Central Council and had a potluck which was provided by the dancers. NCC had 20 members there to help the new callers strut their stuff.

We also helped Don Jackson with a party dance at the Thousand Trails

camp. It is fun introducing people to dancing. Thousand Trails contacted Don and would like to do it again next year. Don has also been asked to do a demonstration at our local farmers market. It has been about 4 years since we have done this, so will be good to be out in the public again. We plan to advertise our lessons.

Our first dance for the new season will be September 21st with Don Jackson calling and Marilyn Holman cueing. We are starting lessons on Sunday, October 6th at the East Wenatchee Grange, with rounds at 2 - 3:30 and squares at 3:30 to 5 pm.

We still have our annual picnic and more dances to attend for a busy summer. See you in a square!

Noelle Miller, noellemcues@charter.net

WHEATLAND WHIRLERS last dance of the season was June 8th and we had a good time dancing and visiting. We have traveled to State Festival, Circle 8, Canada and to several dances around Washington state.

We are looking forward to starting the new season. Our first dance is September 8th with Jim Compton calling and Noelle Miller cueing. Yellow rocks to all.

Noelle Miller, noellemcues@charter.net

The 4×8 's had an impromptu dance in July. Dave Boggs missed everyone so much he put an unscheduled dance together. We love you too, Dave. Also in July Dave called in Moxee for the Gate Swingers. Club member's caravanned over to participate in this event.

In August Dave Boggs was calling/teaching to a group of young people in Bridgeport, WA for a youth camp. A caravan of teens and adults planed to come and assist with their experience. We will have a booth at the Grant County Fair promoting our club and encouraging new people to take up lessons beginning in September. A four hour slot has been arranged on one of the stages to demonstrate square dancing and show the family fun we share in each year.

In September - lessons begin and our regular dance schedule resumes with dances on the first and third Saturday of each month.

DiAnna Smith, godrocksmyworldforever@yahoo.com

Mark your calendars now and plan to attend the Appleland Promenader's

39th Apple Blossom Plus Weekend Dance May 2, 3, & 4, 2014

Vale Elementary School 101 Pioneer Ave. Cashmere, WA
Caller – Hunter Keller from Billings, Montana
Cuer – Debbie Taylor from Cle Elum, Washington

Mystery trips, caravans, buses all welcome – special price! For more information – 509-884-1469 or 509-787-2329 or Appleland Promenaders.com

A great weekend of plus dancing, fellowship and Apple Pie!

NORTH L Y M P I COUNCIL

Trish Gaine

Area Reporter 360-683-2409

fasolard@olypen.com http://gardinerwa.org/noc/default.htm

July was very busy for the **STRAIT WHEELERS**. We spent three days, at the Sequim Lavender Festival, advertising our beloved SQUARE DANCING and selling raffle tickets. We handed out brochures listing the dance and lesson schedules of our clubs, on the Peninsula, and have several names of people interested in taking lessons, which do start the second week of September.

A very big THANK YOU goes out to the many dancers who traveled to our lovely part of Washington to support our 13th ANNUAL LAVENDER DANCE WEEKEND. It was a fantastic weekend of dancing, touring lavender fields and visiting. Oh, and eating!! A big thank you goes to Jim Hattrick for his fabulous and fun calling and cueing. Thank you Bonnie and Dave for bringing your cloths shop so we could spend, spend and then spend some more. Hee! Hee! It was really a great weekend. Please plan to join us in 2014 for the 14th Annual Lavender Dance Weekend.

September will be a quiet month of dancing the 2nd and 4th Saturdays at St. Luke's Episcopal Church located at 525 N. 5th Ave. in Sequim. Please join us. Also, remember the weekend of September 13th & 14th there is a State Federation meeting being held at the KDSA DANCE HALL IN Gorst, WA. (Bremerton)

Barbara Wright, sqdancinlady@yahoo.com

The RHODY O'S did lots of traveling this summer and a few of our members went to Circle 8 for a week chock full of dancing and laughing (you know how Circle 8 can be!!) Our 4th of July barbecue was as spectacular as ever - hosted by Bud and Pat Peterson. Great weather, great food and wonderful friends!! The Rhody O's begin new mainstream dance lessons on Tuesday, September 10th, with a good old fashion ice cream social. Spike Reid is our caller/cuer and you never know what he has up his sleeve. We are still dancing at the Gardiner Community Center so all you angels grab some friends and/or new neighbors and bring them along to see what Square Dancing is all about. Both the Rhody O's and the Strait Wheeler's dance clubs have been hard at it this summer advertising at local farmers' markets and at the famous Sequim Lavender Festival to share our love of dancing and hopefully encourage more people to 'try us out '.

The Rhody O's dances for the month of September are on the 6th and the

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See you there!

PENINSULA COUNCIL

Kitty & Paul Ogg

Area Reporter 360-692-6032 kjoggpr@aol.com



Does anyone really read every article that is printed in this state magazine titled Footnotes and if so who are you and where are you? Just had to ask, as I sit here trying to think of what to write about or what to have printed to be read, my mind goes blank. Now I know what writer's block is like, kind of sort of. Nearly forgot to ask - Hope everyone had a safe Fourth of July however you celebrate the day - I turned on the TV and channel surfed the various celebrations across the country. Where ever the newscasters were able to show the fourth being celebrated, be it Seattle or Washington DC or just anywhere the channel happened to be or just a marathon of the Fourth of July.

GIG HARBOR TWIRLERS have been trying to visit with other clubs this past summer be it mainstream or plus. We enjoyed watching a demo of A-1 which was really neat. I wanted to learn how to dance A-1 after watching the demonstration. I have watched a new couple who recently graduated from round dance class and they are doing fantastic.

We do appreciate everyone who comes to dance with the Gig Harbor Twirler's. We are going through another adjustment in finding another caller for the club to stay active for maybe another year. Thanks go to Spike Reid for calling for us in July, Janolyn Keller who called for us in August and Gunter Monroe who will call for us on September 7th. Thanks for the great job, now the hardest part is which one is hoping to be our next club caller - maybe. Hopefully we will have a permanent caller by September 21st.

Relearning Plus by Willie Sewell on Monday afternoons was fantastic, thank you Willie for being patient with us as we relearned how to dance at the plus level.

From one parent - to all parents - congratulations go out to all the new high school, college and university graduates. The ceremonies we attended were fantastic. We look forward to a few of them to go on to earn their masters in their chosen career paths. I wish them all luck.

We danced at the annual labor day camp out in August-September and thank you KSDA workers for doing what you do best and that is making sure that every dancer has had an enjoyable time be it dancing or just camping out and having fun... which from what was noticed by everyone did happen.

We look forward to dancing with you all in September at our Saturday dance night on the 7th from 7:30 pm to 10:00 pm.

Mary McGannon, mckm 3591@msn.com

Well summer was busy for most of the **PAWS & TAWS** club, with the State Festival and members going to the National Convention. The dancers that were left at home worked our Fireworks booth. It is a lot of work but Jerry Coreson brings it all together, with help from many wonderful people.

July brought the CRAZY- T- SHIRT dance which is always a lot of fun to see what the dancers can come up with. A group of very friendly dancers visited us from the Freewheelers Club in Seattle.

August 8th brought people out to work at the KSDA's rummage sale. And of course take a bunch of items home with them. Then August 17th the Club had a Picnic/BBQ before our Country Picnic dance. This always brings out lots of good food and good times.

Next it was dancing at the Kitsap County Fair, the Labor Day Campout, summer activities and then it is time that everyone starts to get ready for the fall dances and classes starting up.

Hope everyone had a great and HOT summer like we did.

Leota Lewis, LeotaL@msn.com

DUDES & DOLLS PLUS CLUB welcomes you to join us on Monday's, 1:00 pm at the Kitsap Square Dance Center in Gorst. We're located at 6800 West Belfair Valley Road. We have workshops every week except the fourth Monday when we have our dance. Come share in the fun with our caller Willie Sewell.

Our first dance in the fall begins on Monday the 9th of September at 1:00 pm. It will be preceded by an all club potluck at 11:30 am, where all former and present square dancers are invited to gather and visit, get to know each other or just reminisce. The potluck had formerly been called the "Old Timers Potluck", but will now be called "The Potluck Social". Too many people thought they had to be old when the former title was used.

Roy Lawton stepped down as President this last spring and Flossie Wise has taken over as our President. Russ Richardson remains as Vice President; Janet Bowmer remains as Treasurer. Norm Collins will be our new Secretary and Joan McLean will be Historian.

If you have any questions, please feel free to call Flossie Wise, President, at 360-710-7393 or through email at: fwise377@gmail.com.

Norm Collins, ncoll45762@aol.com

SQUARE STEPPERS is a Plus Club that dances on the second Saturday of each month from 7:30 to 10 pm.

On April 23rd we met at the home of Bob and Janet Bowmer for our annual meeting. The elected officers for the 2013 - 2014 dance season are: President - Mike Zietner, Vice President - Sheila Blackburn, Secretary - Barbara Pennington, Treasurer - Bob Bowmer, council delegate - Bob Blackburn, Caravan Chairman - Carol Zietner. (It was decided we would not have a dance in August but would have a club picnic.)

Our May dance was called by Roger Spiese and was well attended. Our June

dance was on June 8th and Willie Sewell did the calling.

Barbara Pennington, bardeldry@gmail.com

ROUND SQUARES had another great Memorial Day Campout this year. Our featured caller Don Cochrane was not able to call for us this year due to illness. Our own Willie Sewell along with Joyce Sebree did the calling and cueing for the dances. There was the parade, whiffle golf, card games and bingo for all to enjoy.

We were saddened by the passing of our elder club member Ione Prowse on May 12, 2013. She was 90 years old. Ione and husband John started dancing in the early 1960's and were one of the first couples who helped get our Kitsap Square Dance organization started. They helped clear the land and build our hall and were very hard workers for the club. She is gently missed.

Our summer dances have been casual attire but will be square dance attire

KITSAP SQUARE DANCE CENTER

GORST (BREMERTON) RV CAMPING \$12.00 PER NIGHT

WATER & ELECTRICITY AVAILABLE

Come Dance With The

GIG HARBOR TWIRLERS, PAWS & TAWS, DUDES & DOLLS PLUS,

ROUND SQUARES & SQUARE STEPPERS PLUS

again in September. We will be dancing the 4th Saturday, September 28th from 7:30 - 10:00 pm with Willie and Joyce. Come join us.

Betty Force -- Reporter

GIG HARBOR TWIRLERS

1" Saturday of each month, except
1" & 3" Saturdays n Jan & 3rd Sat n Sep
Lessons, Student Level Dance, MS, Rounds
and Plus Dancing 6 to 10:15 pm
Come and Dance with us n Gorst, WA,
Camping is also available
Caller: Charlie Wofford & Cuers: Carolyn & Larry Small
For More Info Call: 360.692.3723 or 360-373-1822

SQUARE STEPPERS

2nd Sat each Month PLUS 7:30 - 10:00 PM KSDC, GORST, WA **GUEST CALLERS**

Caravans/Mystery Trips/Camping For Info Call: (360) 377-9494

ROUND SOUARES

4th Sat 7:30 - 10:00 MS 3rd Sat Dec only KSDC. GORST, WA WILLIE SEWELL, Caller JOYCE SEBREE, Cuer Caravans, Mystery Trips - Camping \$12 per night

PAWS AND TAWS

7:30 -10:00pm Mainstream, Rounds, Plus Tip 1st & 3rd Fri Sep - Jun except Mar 1st Fri & 3rd Sat 3rd Saturday only in July & August Caller/Cuer Roger & Jill Spiese Kitsap Square Dance Center, Gorst Caravans-Mystery trips-All Dancers Welcome



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RAINIER COUNCIL Mike Bowen

Area Reporter 253-686-6691

www.squaredance-rainier.org
bowen mike roamintacoman@yahoo.com

Hello **RAINIER COUNCIL!!** I want to take a moment to thank all of the hard working people at the council level for their support and guidance through my first year in the presidency. It has been an honor to serve and I look forward to this, my last year as president.

By the time you read this the Fair Demo will be right around the corner (September 12th and 13th). I hope you enjoyed this opportunity to promote our wonderful activity. Speaking of reading this; I have been your Rainier Council Footnotes area reporter for something like 6 or more years (not really sure when I started.). As many of you know I haven't held back much when it comes to my opinions but I think that it is time for a change. Letting go is one of the hardest things to do, but I believe that it is necessary for something to grow to be freshened up from time to time. Having said that; the search is on for the next victim - I mean volunteer. If you are interested in taking over this vital role please contact me, Mike, at the E-mail address below and I will answer any questions you may have. My plan is to have a new editor/area reporter trained and ready to go by July 28th 2014.

Remember, YOU are IMPORTANT. You ARE Rainier Council!

Mike Bowen, bowen mike roamintacoman@yahoo.com

EVERGREEN ROUNDS have moved. They are now dancing Wednesdays at Riverside Valley Grange, 6715 N Levee Road, in Fife. It's easy to find – just follow Highway 167 (River Road) along the Puyallup River between Tacoma and Puyallup, then turn North over the 66th Avenue bridge. Turn right at the end of the bridge, and find Riverside Valley Grange immediately on the left.

Phase 2 Waltz students completed their class in June. There was more interest in intermediate workshops than in beginning two-step, so instructors Charles Morehead and Jean Pelham changed the curriculum. Dancers have enjoyed learning several new dances during the summer, including Dancing in the Fog (IV Waltz) and Seven Spanish Angels (IV Rumba). The intermediate workshops continue throughout the Fall unless there is renewed interest in a Two-Step class.

The club must go dark one Wednesday each month, usually the 3rd Wednesday, for the Grange meeting. If in doubt, check our schedule on the Rainier Council website or call Jean: 253-862-9026. Workshops begin at 6:30, and

Jean Pelham, pelhamj@comcast.net

The **RAINIER CALLERS & CUERS** Association sponsored a dance in July called by a couple of National Callers, Jerry Junck and Daryl Clendenin, with cueing done by members of the RCCA. Unfortunately, this reporter was not able to attend but heard there was a great turnout. Thank you to all who attended and made it a fun dance. If you missed it, I hear Jerry and Daryl will be back next year.

RCCA is gearing up for the new dance year with our first meeting of the year coming up the third Sunday in September. We always encourage dancers to attend our meetings. We do both a callers workshop and a Round of the Month workshop. And, of course, we always have goodies, too. Our meetings start at 1:00 pm and they are held at the San Souci Mobile Home Park clubhouse, which is in Puyallup. For more information, such as directions, feel free to contact Tom Tomlinson at 253-770-7447.

We are looking forward to seeing our dancers back on the dance floor soon.

Sue Weber, dosadogreg@comcast.net

The **ROAMIN' TACOMANS** Sock Hop and Beach Party/BBQ are now just a happy memory in square dance history, but there is a whole year of great dances ahead of us. Our fall season starts off with a Plus dance on Saturday September 14th. On Saturday September 28th we will have our AUTUMN LEAVES Mainstream dance. Tom Tomlinson is our caller/cuer and he always calls a great dance. Rounds are at 7:30, dance at 8 pm. We dance at 1705 Willow St in Sumner. Hope you will come and join us.

If you would like to learn to dance PLUS, Roamin' Tacomans are starting plus lessons on Sunday, October 6th from 4:30 to 6:30 pm. Tom will be our teacher and cuer. Cost \$4 each lesson. If you think Mainstream is fun, try PLUS! If you dance Plus, Tom is having his Plus workshops every Sunday in September except Labor Day weekend, from 4:30 to 6:30 pm.

Tony & Sharon Herman, tonysharherm@yahoo.com

The **SWING NUTS** dance on the 1st and 3rd Saturdays at the Sumner Dance Hall, 1705 Willow Street. Rounds are at 7:30 pm with Rochelle Catt on the 1st Saturday and Stephanie Speelman on the 3rd Saturday. Square Dancing starts at 8 pm with our caller Leo Catt.

On Saturday August 17th we had a Western Theme dance with proceeds going to one of our members who needed surgery.

On Saturday September 21st come to our 50's dance. Feel free to drag out your poodle skirts and saddle shoes.

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Our New Dancer Lessons begin on Thursday, October 10th. Up to that date

join us on Thursday's at 7 pm for Mainstream workshops.

Heads and Sides took on a whole new meaning at the Swing Nuts' Birthday Celebration last spring. PJ was the player to win the gift certificates from the Outback Restaurant. Come and join us for the fun and find out what the heads and sides game is.

Happy Dancing, Gail Johnston

Welcome back to **SWINGING SQUARES'** 2013-14 season! Please join us at our Plus dances on 2nd and 4th Friday nights. Our "BLACK FRIDAY DANCE" is September 13th and "HAWAIIAN" DANCE is September 27th, dress optional. Both feature our wonderful Caller and Cuer, Tom Tomlinson and Lorraine Rouse.

We dance at Sumner's Valley Square (1705 Willow Street) from 7:30 to 10:30, starting with Lorraine's half hour of phase 2-3. We're also looking forward to our caravan to the Spinners on September 6th.

Please highlight SATURDAY, NOVEMBER 23rd, 10-4, on your calendar – and plan to be at the Dance Hall for our HOLIDAY BAZAAR with a variety of vendors and delicious brunch/lunch offerings. Watch for details next month. Tables are still available – call 253-841-9656.

Our yearly SQUARE DANCING LESSONS begin Tuesday, October 1st, 7-9, with patient, talented Tom teaching Mainstream, moving on to PLUS in early 2014. Tom enjoys cueing during the breaks, so tell your friends and come along to be an Angel and also Round Dance. Call 253-841-9656 with questions. Our sparkling-clean Hall will make your dancing, lessons, and the Bazaar even more enjoyable. The Valley Dance

Association deep cleaned on August 10th.

Hope to see you soon!

Mary Kun, marmikk@comcast.net

BONNEY LADS 'N' LASSIES

Mainstream, Plus Tip 2nd & 4th Sat Sep - Jun, 2nd Sat Jul & Aug Pre-rds 7:30 - 8 MS w/+ tip 8 - 10:30 PM STEVE HASLETT, Caller LORRAINE ROUSE, Cuer

Collins Grange 3404 - 120th St E Tacoma

Swinging Squares Plus Club
2nd & 4th Fridays Sep - June
Pre Rounds 7:30-8 PM Dance 8-10:30 PM
Caller: Tom Tomlinson
Cuer: Lorraine Rouse
Valley Square Dance Hall
1705 Willow St - Sumner, WA

South Sound Singles

1st & 3rd Sat: 8 -10:30PM

New Caller: Kenny Freeman

Cuer: Lorraine Rouse

Mainstream/every 3rd tip Plus

5th Friday: Please call first.

INFO: 253-851-5773

Collins Grange 3404 - 120th St E, Tacoma

1st Saturday 7-10 pm Mainstream + 3rd Saturday 7:00-9:30 pm Student Level
Don Wood, Caller Ron Woolcock, Cuer + Glenn Raiha, Caller Guest Cuer
Lac-A-Do Hall, 1721 46th NE, Olympia, WA
Sound Enhancement + All Dancers Welcome

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|--|

Every ROUSE-A-ROUNDS Collins Grange

6:30 Beg, 8-9:30 Phase 2+EZ3

Dance 4th Mon, 7-10 253-846-8203

WEDNESDAY

EVERGREEN ROUNDS Riverside Valley Grange

Tom Tomlinson 6:30-7:30 workshop; dance 7:30-10 Ph 2-4

253-862-9026, 253-770-7447

FRIDAY

Every

SPINNERS Buckley Hall

Greg Weber/Sue Weber 7:30 PreRds, 8-10:30 MS/Rds

(Sept-June) 360-829-0292

2nd YOUNG BUNCH Collins Grange

Mark Sebree/Sue Weber 6:30 PreRds, 7-9 MS/Rds

253-472-9092

2nd & 4th **SWINGING SQUARES** Valley Square Dance Hall

Tom Tomlinson/Lorraine Rouse 7:30 PreRds, 8-10:30 Plus/Rds (2nd & 4th Friday, Sept-June) 253-841-9656; break @ 9:15

5th **SOUTH SOUND SINGLES** Collins Grange

253-851-5773 for information

SATURDAY

NW CALLERS ASSOCIATION Cedar Grange

253-445-4691;mtg; dances TBA

1st & 3rd SOUTH SOUND SINGLES Collins Grange

Kenny Freeman/Lorraine Rouse 7:30 PreRds, 8-10:30 MS/Rds/+Tip

1st & 3rd **SWINGNUTS** Valley Square Dance Hall

Leo Catt/Stephanie Speelman 7:30 PreRds, 8-10:30 MS/Rds/+Tip

253-230-0827

2nd & 4th BONNEY LADS 'N' LASSIES Collins Grange

(Summer: 2nd Sat, July & Aug)

Steve Haslett/Lorraine Rouse 7:30 PreRds, 8-10:30 MS/Rds/+Tip

253-846-7943

2nd & 4th BLAZING STARS Steele Lake Grange

Kevin Thomaier/Lynn Peltola 6:30 A-2, 7:30 Rds, 8-10 Plus

(No dances in August) 425-881-8190, 206-244-5196

2nd & 4th ROAMIN' TACOMANS Valley Square Dance Hall

Tom Tomlinson 7:30 PreRds, 8-10:30 MS/Plus/Rds

(July, 4th Sat MS; Aug, 4th Sat +) 253-838-7073 (2nd Sat +; 4th Sat MS)

SUNDAY

3rd

LEGION SQUARES American Legion Post 138

Jeff Graeff/cuer TBA 6-9 MS/Rds

253-720-2788

2nd **ROCKIN' TEENS** Valley Square Dance Hall

Leo Catt/Sue Weber 6-8 MS/Rds/Plus Tip

RAINIER CALLERS & CUERS San Souci Mobile Estates

253-846-8203



Don & Judy Wilson Area Reporters 350 Joppish Road Centralia, WA 98531 donjudywilson22@gmail.com

SOU'WESTER COUNCIL clubs had busy summers and are now looking forward to fall and getting back into the dancing and lesson routines. Several clubs have special dances coming up. Be sure to look them over and try to support as many as possible. It is also time to think about who you can bring to lessons and introduce to dancing, either square dancing or round dancing or both! We hope you had a relaxing and restful summer and are excited about the new dance year.

HARBOR HAYLOFTERS are off and dancing for another wonderful year. Our officers for this coming dance season are, President: Bruce and Terry Kuhnau, Vice President: Scott & Debbie Bergens, Secretary: Bob and Sandra Schlesser, Treasurer: Bill and Linda High, Correspondence: Les and Ann Kilwien.

In June we held our annual Strawberry Dance, it was a great success with visitors from Square Ones, Prairie Steppers, Gate Swingers, and Poulsbo Promenades. Willie Sewell did a guest call, giving our caller, Randy Carlson, a chance to get out on the floor and do a square. Claire Sides was able to attend the Nationals in Oklahoma. She really enjoyed herself and we enjoyed listening to her tell about it.

In July Bruce and Terry Kuhnau attended the Leadership Seminar. On July 18th we traveled to the Cougar Squares for their ice cream social.

On August 1st we again caravanned to the Cougar Squares for their Hamburger Feed. On August 13th we had our "back to dancing potluck" at the home of Russ and Donna VanBeek. It is always a good time to connect with friends and start the year out right, not to mention all the good food they bring. On August 22nd we danced at the Menlo Fair. August 25th we held our picnic out at Chuck and Gwen Tjernberg's Cranberry Museum (Furford Picker Co.) What great fun we had with some dancing and great food.

September brings us back to the routine of dancing on Tuesday evenings at the Aberdeen Eagles, 204 W. Market, Aberdeen. We dance from 7 to 9. On September 21st we are having our annual Blackberry Dance. Remember you don't want to miss out on a piece of Sandra's wonderful little Blackberry pie. After that our dances are held on the first Saturday, October-June. We look forward to fun times and reconnecting with old acquaintances as well as meeting new friends. Come join us when you can and we'll come visit you when the opportunity presents itself. See you at our place or yours throughout the year.

Ann Kilwien, sqcamper@comcast.net

SQUARE ONE PLUS CLUB was busy all summer dancing. Some went to State in Kennewick and we are VERY PROUD to have the recipients of the President's award, Gene and Tanya Currier, from our club. We will be holding a special dance for them on Sunday, October 20th at Lac-A-Do Hall in Olympia. (More will follow in the next issue of Footnotes.) Some of our club traveled to Nationals in Oklahoma and enjoyed dancing to new callers and cuers. Others enjoyed going to Circle 8 for weekend dancing. Plus there was also the Sou`Wester Council dance in June that our club caller Gunter Monroe called. So there is always lots of dancing in the summer time. And of course we had our dances twice a month. We had to cancel in July as the floor at Lac-A-Do Hall was refinished.

August we had guest caller, Chuck Garner, call our first Friday dance and our club caller Gunter Monroe called the third Sunday dance. Our annual Club Picnic was on Saturday, August 10th, at the McCully's home. They have a nice shady area that we could sit and be cool and comfortable and of course always lots of good food and conversation.

Our dances in September will be on Friday, the 6th, with Gunter Monroe and Joyce Sebree and Sunday, September 15th, with Gunter Monroe and Spike Reid.

Future reference is that Square One will host the New Years Eve dance on Tuesday, December 3, 2013 at Lac-A-Do Hall in Olympia. It will be a `MAGICAL MASQUERADE BALL `with the FINAL appearance by the "Jokers Wild", Steve Haslett and Greg Weber. Steve will be retiring from calling after this dance. Ron Woolcock will cue that dance. As the months go on we will continue to keep you posted on tickets and time for the very Special dance.

We hope to see you dancing again this fall!

Peggy & Scott Smith, pegscott29@comcast.net

STARDUST DANCERS held a wonderful Spring Fling Dance on May 16th, with a room full of visitors and members enjoying dancing, wonderful decorations and great door prizes. Many of our May guests had so much fun, that they also attended both of our June dances! We were dark in July due to the 4th of July and our visitation to the Oregon State Summer Festival trail-in dance in Troutdale, Oregon on July 18th, which was cued by our Susan Healea. Members also attended the Washington State Festival and the National Square Dance Convention. We have been busy!

Kay Rogers

It must be September, the return of school, football, square dancing and Footnotes.

The **SALTY SASHAYERS** want to thank everyone who attended our annual "Old Salts Anniversary Dance" the end of April. We considered it a huge success. Everyone had fun square dancing to Gunter Monroe and doing rounds with Ron Woolcock. We had 10+ squares, plus a few honorary members that can no longer dance. We went through 3 gallons of clam chowder, 9 loaves of French bread, 8

pounds of salad, and 14 pies. It was so much fun we plan on doing it again next year.

The Saltys honored Ron & Georgine Woolcock with a special gift to express our appreciation for the many years Ron cued for the Saltys, and to congratulate them for receiving the 2012 McNutt Award.

The Saltys had a busy summer. The State Square Dance Festival in mid-June, the Sou'Wester Council dance the end of June, the Leadership Seminar in July. So many dances, so little time!

The Saltys were very honored to have one of their own receive the President's Award. Gene and Tanya Currier received this award from Margaret Kiser, State Federation President, at the State Square Festival. Our congratulations go to the Curriers.

We hope you danced the summer away and are ready for the fall. Being a travel club, the Saltys are looking forward to dancing with different clubs and being "On The Road Again".

Bonnie Blewett, blew@hctc.com

The **PRAIRIE STEPPERS** are having a great late spring and summer. A full square of Prairie Steppers attended the Salty Sashayers' Old Salts' dance in April with Gunter Monroe calling and Ron Woolcock cueing. There were ten squares on the floor. Great clam chowder and pie were served at the break.

Our May Madness Alice in Wonderland dance featured guest caller Jess Thomas as the Mad Hatter and guest cuer Randy Wulf wearing a stack of crazy hats. There were eight squares on the floor. The Cougar Squares joined us in the fun with 29 members.

Some Prairie Steppers went to the Cougar Squares' Anniversary Dance on June 1st while others traveled to the Harbor Haylofters' Strawberry Dance with caller Randy Carlson. Bill Wilson and Willie and Missy Sewell were there and Willie called a tip. There were fantastic strawberry treats and fabulous auction items.

At State Festival in Kennewick, Bob and Shirley Spain presented the MacGregor Award to Dick and Earlene Beham from Issaquah. Dick and Earlene are currently State Computer Coordinators.

Several Prairie Steppers traveled to the June 29th Council Dance at the Catlin Grange with Gunter Monroe calling and Randy Wulf cueing. Many first enjoyed a dinner at the local Izzy's Pizza.

The Prairie Steppers planned a demo dance at the Southwest Washington Fair on the South Stage at 2 PM on Saturday, August 17th. We'll advertise Modern Western Square Dance lessons through Centralia Community College to be held on Wednesdays starting on September 25th and ending on December 11th.

We hope to see you in a square this coming season.

Marion Freels, M_librarion@yahoo.com

It is official! The LACEY DAISYS are now the FLUTTERWHEELS.

It has been a busy summer for our club with all the new changes happening. This was a very big decision, deciding on the new name.

We will be dancing on the 1st Saturday a mainstream dance with rounds. The 3rd Saturday will be a student level dance. We invite you to come and dance with us on Saturday September 7th. Don Wood will be calling and Ron Woolcock will be cueing. Early rounds will be at 7:00 pm and mainstream will be from 7:30 to 10:00 pm. (New time) Then on Saturday September 21st you can visit us again to support the student dancers. The student level dance begins at 7:30 pm. We will dance mainstream for the last hour, from 9-10 pm.

Several of our club members went to Kennewick for the 61st Washington State Square Dance Festival. They reported having a good time dancing with dancers from all over the State. A big "Thank You" goes to all those who worked on the 2013 Festival.

Please come and visit the Flutterwheels for some enjoyable dancing at Lac-A-Do Hall.

Gordon Allen, ggallen001@hotmail.com

RUFF & RUFFLES closed out the month of April by having a fun gettogether evening at the home of Neil & Eileen Rosevear playing our now favorite game of "Marbles". The club's annual campout May 11th & 12th was at Ocean Park. Friday night was "cooks night out" so we dined at local Chinese restaurant for dinner. Saturday was a relaxing time doing whatever one wished to do. Weather was beautiful. Five o'clock was potluck dinner time followed by a short club meeting especially to get club officers for next year. Finally... after some coaxing ... they are President Betty Cliffton, Vice-President Neil & Eileen Rosevear and Secretary/Treasurer Peggy & Fred Rolf. Dalton & Paula Pfau will be the Council Delegates. Then it was time to play games and eat snacks, no dancing this year. Sunday morning the guys fixed breakfast and then it was cleanup time and head home.

Neil Rosevear was guest caller for our May 18th dance and Susan Healea was on hand to cue the rounds. We also attended Cougar Square Graduation Dance on April 6th.

June 1st we enjoyed dancing with Cougar Squares for their "Anniversary Dance" and also the Sou'Wester Council dance that was held at Catlin Grange in Kelso on the 29th. Some members were also able to attend the State Festival in Kennewick and reported a good time.

On a sad note, we attended the memorial service in July of a former member, Rex Bradley, who past away one day after his 100th birthday. Our sincere sympathy to Jeanne and family.

We will be dancing the 3rd Saturday in September from 8 to 10:30 at the Catlin Grange in Kelso. Come join us and dance to the calls of Jim Raupp and cues by Susan Healea. We hope everyone had a nice summer in spite of all the hot weather. For this reporter, thank goodness for an air-conditioned home.

See you at a square dance.

Betty Cliffton, sqkats@q.com

R SQUARE D's members, Wayne and Sandra Holderby, Vic Roberts and Toni Carroll, attended the leadership conference. They enjoyed the weekend and what they learned they brought back to the club.

We had more than four squares at both our dances this month. It was also nice to have Craig back after his vacation. Nine member attended Cougar Squares dance. Our monthly meeting was held at Pat and Glenn Faires' lake home. We had a beautiful day for a potluck picnic.

September dances will be back to our winter schedule; September 15th is our Hobo dance. Come join us and dress hobo style, but it is not mandatory. September 28th is our 50/60's theme dance. Come join us soon for a fun evening at the Kelso Senior Center. We will look for you in a square.

Arlene Evanson

COUGAR SQUARES are looking forward to fall and getting back into the routine of lessons and dances on the weekends. Our square dance lessons will begin September 24th at Salkum and September 25th at Napavine. Both start at 7:00 pm. Jim Raupp is the caller/teacher. The first two lessons are free for new dancers.

Cougars will also sponsor round dance lessons beginning Sunday, October 20th at Adna Grange. Rumba and Cha will be 3:30 to 5:00 and beginning waltz from 5:15 to 7:00. No dance experience is needed for either class. Susan Healea will be the instructor. These are dances that can be done in a social dance venue as well as round dance venue.

Cougars were busy dancing during the summer months with an Ice Cream Feed, Hamburger Feed, two parades, Toledo and Mossyrock, a club picnic and finally a demonstration dance at the Southwest Washington Fair. We saw a lot of each other and had a great time doing one of our favorite pass times, dancing!

Our first dance of this new dance season will be September 7th and that is NOT Labor Day weekend! So put us on your calendars! Jim Raupp is our caller/cuer/teacher and will keep everyone dancing and enjoying themselves the entire evening. Cougars dance at St. Francis Parish Hall at the blinking light just north of Toledo.

We also want to remind you about our Thankful Christmas Dance, December 7th. We will have a full turkey dinner and dancing to Christmas music the entire evening. It is not too early to put this on your schedule and plan a club visit!

Hope to see you in a square soon!

Don and Judy Wilson, donjudywilson22@gmail.com

STARDUST DANCERS *Round Dance Club*SUSAN HEALEA, Cuer

Every Thursday 7:30 - 9:30 PM Catlin Grange #199 205 Shawnee St., Kelso, Washington

R SQUARE D

2nd Friday & 4th Saturday
Plus 7:30 - Lonnie Sycks, Cuer
Mainstream Dance 8 - 10 PM
Craig Abercrombie, Caller
Annual OCTOBERFEST 1st weekend Oct.
360-425-0583 or 360-636-3358
Kelso Senior Ctr., 106 NW 8th Ave., Longview, WA

Come Dance with Sou'Wester Clubs

(Note the changes of locations and days) for some clubs

Tuesday

1st **Round-A-Bouts** Lac-A-Do Hall 7:30-9:00

Ron Woolcock, cuer ROUNDS phases 2-3

Thursday

1st & **Stardust Dancers** Catlin Grange 7:30-9:30

3rd Susan Healea, cuer ROUNDS phases 2-4

Friday

2nd

1st Square One Plus Club Lac-A-Do Hall 7:30-10:30 Gunter Monroe, caller, Guest cuer PLUS

Rhythm Rounders Fun Dance Lac-A-Do Hall 7:30-10:00

Randy Wulf, cuer ROUNDS phases 2-5

2nd **R Square D** Kelso Senior Center 7:30-10:00

Craig Abercombie, caller, Lonnie Sycks, cuer SQUARES AND ROUNDS

3rd **Round-A-Bouts** Lac-A-Do Hall 7:30-9:30

Ron Woolcock, cuer ROUNDS phases 2-3

4th Capitol Singles Lac-A-Do Hall 7:30-10:30

Don Wood, caller, Randy Wulf, cuer SQUARES AND ROUNDS

Saturday

1st Cougar Squares St Francis Parish Hall, 139 Spencer Rd. Toledo

Jim Raupp, caller/cuer SQUARES AND ROUNDS 7:30-10:30

1st Harbor Haylofters Aberdeen Eagles 200 W Market 7:30-10:30 Randy & Chris Carlson SQUARES AND ROUONDS

1st Lacey Daisys Lac-A-Do Hall 7:30-10:30

Don Wood, caller, Ron Woolcock cuer SOUARES AND ROUNDS

2nd Olympia Do-Si-Dos Lac-A-Do Hall 7:30-10:30

Jim Hattrick, caller Joyce Sebree, cuer SQUARES AND ROUNDS

2nd **Prairie Steppers** Oakview Grange, 2700 N. Pearl, Cent. 7:30-10:30

Don Wood, caller, Lonnie Sycks, cuer SQUARES AND ROUNDS

3rd **Ruff and Ruffles** Catlin Grange 8:00-10:30

Guest Callers, Susan Healea, cuer SQUARES AND ROUNDS

3rd Grand Squares Lac-A-Do Hall, Olympia, 7:30-10:30

Glenn Raiha, caller, Ron Woolcock, cuer SQUARES AND ROUNDS

4th **R Square D** Kelso Senior Center 7:30-10:00

Craig Abercrombie, caller, Lonnie Sycks, cuer SOAURES AND ROUNDS

4th **Rhythm Rounders** Lac-A-Do Hall, Olympia 6:00-9:00

Guest Cuers ROUNDS phases 3-6

Sunday

Every **Double A's** Lac-A-Do Hall, Olympia 4:00-6:00

Jack Hardin, caller, George Haller, Cuer ADVANCED

3rd Square One Plus Club Lac-A-Do Hall Olympia, 6:30-9:00

Gunter Monroe, caller, Guest cuer PLUS

Addresses for places where there is more than one dance a month

Lac-A-Do Hall 1721-46th Avenue NE, Olympia, Catlin Grange 205 Shawnee Street, Kelso Kelso Senior Center 106 NW 8th Avenue, Kelso



The **SPOKANE CAROUSELS** have been attending out of town dance weekends, including the International Choreographed Ballroom Association's annual festival. This year it was held in Reno and there were over 600 dancers from all over the world learning or reviewing cued ballroom techniques and new dance routines. Summer has not been as much fun for some of our dancers who have been dealing with major health issues; others have been busy moving households while still others have welcomed new grandchildren into the family. All of this has kept us from the dance floor, but with the new season approaching, we'll get back into the routine of dancing again.

Join us on first and third Saturdays at the E. Spokane Grange from 7:30 to 10:30 pm with our cuer, Jack DeChenne who cues a dancer-chosen phase III-VI program. And, our Wednesday night workshops are also at the Grange Hall from 7:30 to 9:30 pm.

Submitted by Deb Gruber

DIAMOND SQUARES have been busy just having fun this summer. Besides all the dancing at the Washington State Festival in Kennewick, we also dined together at the "Texas Roadhouse" restaurant with other dancers and included a celebration of Lois Simpson's birthday. There was good food, good fun and great friends at our club's swimming pool party and potluck thanks to Tom and Evie McCarthy who hosted the event. We also attended the 50th wedding anniversary dance honoring Bob and MerryBeth Root held at the north hall (North Spokane Dance Center) on August 3rd, and our Summer Funshoppe wrapped up with an ice cream social.

Dangle Dance is the theme for our September 14th dance; wear all the dangles collected from festivals you've attended. Our club-sponsored Round dance basic class with Bob and Claudia Amsbury starts September 9th, 2013, at the Western Dance Center. Beginning dancers and those who just want to review are invited to join us each Monday evening from 7:15 to 9:30 pm. See you in a square!!

Submitted by Nelly Christoffersen

The **KRAZY 8's** have had a fun summer. We will be starting our dance season with free lessons on September 15th, 22nd and 28th. Our caller is Jerry (Molly) Walker and cuer is Nina Leisi. Square dance lessons are from 1:30 pm until 4:00 pm; Round dance lessons will start at 4:00 pm. Bring your friends!!

We invite you to our first Friday night dance on September 6th with Plus and Rounds starting at 7:00 pm and Mainstream starting at 8:00. If you bring lots of dancers from your club, you could win a certificate to a free dance at the end of the season. Let's see who can get the most dancers out.

Submitted by Donna Holmes

PLUS & STUFF is looking forward to dancing again on Monday nights. It will be nice to see everyone after the summer months. We start dancing the Monday after Labor Day. Advance is from 6:30 to 8:00 pm and Plus is from 8:00 to 9:30 pm Monday nights at the North Spokane Dance Center. We are making inquiries as to how many people would like to take Plus lessons and how many might be interested in Advance 1 & 2. Please contact Vern & Kathy Boggs for more information, 509-484-5068. Thank you!!

See you on the dance floor!

Submitted by Kathy Boggs

The **STAR SHOOTERS** have had a wonderful summer starting with the relaxed dances on Wednesdays and the demonstrations at different events in the area. Then we all enjoyed the Salmon Barbecue and Square Dance Festival; good food and wonderful company.

September 28th will be our annual Back to School Dance. All donated school items will be going to Spokane Valley Partners. Adam Christman is calling and John Downing is cueing. Rounds start at 7:00 pm; Mainstream at 7:30 and every third tip is Plus. We hope everyone can join us at this dance.

October 9th starts our lessons on Wednesdays with Dan Preedy teaching Mainstream and Plus. Dan makes it fun to learn. And, we really appreciate our "Angels" who are so wonderful and patient with new students.

October 26th is our 49th Anniversary Dance. We have a wonderful evening planned for this year and we are gearing up for our "Golden 50th Anniversary" Dance for next year.

We hope one and all had a wonderful summer and we look forward to seeing you all at the upcoming dances this season.

Submitted by Mike Schmidt & Vivian Ellson

For the **TWIN CITY TWIRLERS** the dance season really gets into full swing in October. Butch Suttey calls the first dance of the season on October 5th, 2013, and Lorrayne Kennedy will cue Rounds. Rick and Kathy Utter will be calling the Halloween Dance on October 19th, 2013, and again Lorrayne

Kennedy will cue rounds. For both dances, Rounds begin at 7:30 pm and Squares begin at 8:00 pm.

Mainstream lessons are held on Thursday evening 7:00 pm to 9:00 pm on the Lewis Clark State College campus. Plus and A1 lessons will be held at the Twirler Hall on Tuesday evenings from 6:30 pm to 9:00 pm. Plus dances for the month of October will be held on the 11th, and 25th, 2013. Both events begin at 7:30 pm.

We welcome Ruth Hash as our new club president.

Submitted by Kathy Boulton

The summer is waning and another dance season is beginning. Some **VALLEY CROSSTRAILER** members have been participating in the scheduled demo dances. The Peake family was kind enough to offer their dance studio for us to dance in air-conditioned comfort after dancing outside at the Garland Days. Several other club members were there so we were able to "trade off" in order that nobody got overheated. Thank you to Doug and Priscilla Davis who were doing the honors of calling at this activity.

Dan Preedy called at the Valley Mall Food Court with Dan Bailey cueing a few rounds. Three cloggers were also on hand to show their talents. It was nice and cool, and everyone seemed to have a good time.

New dancer lessons will start the first Thursday in October at 7:00 pm. This will be a free dance and will give newcomers a chance to check it out. Hopefully they will return for future lessons. For questions or further info, please call 509-979-2607.

In September we will be holding our annual "Barn Dance." Doug Davis will be reviving some of the dances our parents, grandparents or even great-grandparents enjoyed. It is a lot of fun for the whole family especially the kids. Each dance will be explained prior to starting so come and bring your friends and family members. They do not need to know how to square dance. Our dances are held, as always, the 3rd Saturday of the month starting at 7:00 pm.

Submitted by Chris Smith

The **WAG AROUNDS** sponsored the Butterfly Ball in June with Randy and Marie Preskitt cueing and teaching. Everyone seemed to truly enjoy themselves plus we learned some really fun dances. Our first Sunday and second Friday season begins in October with Nina Leisi and Jack DeChenne cueing easy to intermediate levels; times and locations will be listed in next month's issue of Footnotes.

Club members also helped out at the Western Dance Center's Salmon BBQ and Dance Festival in August by manning the ticket booths Friday and Saturday; I hope we saw you there!!

Submitted by Deb Gruber

What a wonderful summer! I can't remember another summer when Spokane had so much sun and heat. The dancing was great, too! Many of the WILD ROSE RAMBLERS enjoyed the State Festival in Kennewick, and some were at Circle 8 for a terrific Seminar. Of course there were also other opportunities to dance. Priscilla Davis and others organized lots of demos during the summer. The Ramblers have been invited to dance (as entertainment) for a fundraiser to help provide funds for underprivileged kids to attend Camp Lutherhaven. Shelly, one of our dancers, is in charge of the silent and live auction on September 7th at Holy Cross Lutheran. We're really looking forward to that! Camping, fellowship and picnic at Waitts Lake were great. Thanks for those who brought their boats to share in the water fun! Rob & Vicki Krum continue to call for the club, and this year Theresa Nichols will be our cuer. Theresa grew up as a "Rosebud" with some of our members' youth, and we're happy to welcome her back into the fold. Plus she's a great cuer! Our monthly dancing begins October 5th with Tim Marriner & Rob calling. We look forward to seeing you there!

Submitted by Judy Ottoson

The **MODEL T SQUARE DANCE CLUB** held their summer camp out at Little Diamond campground August 8th. Several RV'ers camped overnight for four days while others joined in for a day trip on Saturday. We all enjoyed the fun games and good food.

We will be having our first club dance at the NSDA Hall Saturday September 14th. Our theme is Kickoff Dance. We invite everyone to come to the tailgate party before the dance a 6:00 pm for hotdogs, chips and soda.

Submitted by Charlene Weist

MUDDY FROGS SQUARE DANCE CLUB



Milton-Freewater Community Center 105 NE 5th Milton-Freewater, OR For info • e-mail: merrianneh@charter.net

PRAIRIE SHUFFLERS

Shufflers Shanty 717 N Irving, Kennewick ALL SATURDAY DANCING: PLUS 7:00 - 8:00 PM MAINSTREAM 8 - 10:30 PM

September 7th-STEVE NOSECK/BILL HOLM
September 21st-LARRY CLARK/BILL HOLM
October 5th-DAN PREEDY/BILL HOLM
October 19th-ROB KRUM/BILL HOLM
November 2nd-VERN BOGGS/KATHY BOGGS

509-628-0354 or 509-783-1521

TWIN CITY TWIRLERS

1st & 3rd Sat: Oct 6, 2012 thru June 1, 2013

Caller: Butch Suttey

Curer: Lorrayne Kennedy

Rounds: 7:30pm - Squares: 8:00pm (509) 758-3543 • http://lcsq.info 2130 5th Ave., Clarkston, WA

PLUS CLUB JIM HATTRICK



jhattrick@iglide.net happy-hoppers.com Dancing Resumes

Dancing Resumes September 7th & 21st

School Supply Donation Nights

OCTOBER 3RD IS A REGULAR DANCE

CCSDC 10713 NE 117th Ave. Vancouver

Come and Dance with our Clubs



www.squaredancespokane.org

SPOKANE AREA COUNCIL
SQUARE AND FOLK DANCE FEDERATION OF WASHINGTON

ot	T
Coeurly Q's 1st Saturday 7:00 P	Plus & Stuff Mondays
8:00 MS/R Harding Family Center	6:30 Adv; 8:00 Plus. NSDC
Dancing Shadows 3 rd Friday 6:00	River City Cloggers Thursdays
R IV-VI; 7:00 P∬ R; 8:00	6:30 Beg; 8:00 Int. Corbin
MS&R. WDC	Community Center
Diamond Squares 2 nd Saturday	Roundup Workshop Tuesdays
7:00 Hex; 8-10 MS&R Plus tip	8:00 R III-VI. WDC
after break. WDC	
Frolickers 2 nd Saturday 7:00 R;	Spokane Callers & Cuers 2 nd
7:30 MS&R. Albion Comm. Cntr	Friday 8:00 MS. WDC
Heartbeats Wednesdays except 5 th	Spokane Carousels 1 st /3 rd Sat.
Beg/Int/Adv Clogging 8:30am-12	7:30 R III-VI. East Spokane
PM, Emotions Dance Academy,	Grange
Deer Park	_
Hi-Flyers 3 rd Saturday 7:00 R;	Spokane Tapeworms Thursdays
7:30 MS; 9:30 P. Cheney City Hall	7:30 A-2. Central Baptist
Hits 'n' Misses 4 th Friday 7 Pre-R;	Spurs & Skirts 4 th Friday
7:30 P&R 8:15 MS&R. WDC	7:30 PreR; 8:00 MS&R.
	Oct-Jan-Feb-Mar-Apr. NSDC
Hoodoo Valley Hoedowners , 3 rd	Star Shooters 4 th Saturday 7:00
Saturday, 7:00 R III; 7:30 P; 8:00	R III-IV; 7:30 R II; 8:00 MS&3 rd
	R III-IV; 7:30 R II; 8:00 MS&3 rd tip P&R. WDC
Saturday, 7:00 R III; 7:30 P; 8:00 MS & R II. Jewel Lake Barn, Sagel. Special dances during year.	
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Saturday, 7:00 R III; 7:30 P; 8:00 MS & R II. Jewel Lake Barn, Sagel. Special dances during year. Jacks & Jennys 3 rd Saturday 7:30 P; 8:00 MS&R. NSDC Krazy 8's 1 st Friday 7:00 P&R 8:00 MS&R. WDC Model T's 2 nd Saturday 7:00 P&IntR 8:00 MS&R. NSDC North Spokane Dance Assoc 5 th Friday At NSDC Octo-Plus Squares Tuesdays 7:00 P (workshop). East Spokane	tip P&R. WDC Twin City Twirlers 1 st & 3 rd Saturday 7:30 R; 8:00 MS&R. Twin City Square Dance Center Valley Crosstrailers 3 rd Sat. 7:00 P&R 8:00 MS&R. WDC Wag Arounds 1 st Sun. 7-9 R II- III. WDC. 2 nd Fri 8:00 R III-V NSDC Western Dance Association 5 th Friday 7 P&R 8 MS&R. WDC Wild Rose Ramblers 1 st Sat. 7 P&R III; 8:00 MS&R. NSDC

Are you slowing squares because of pain or weight issues?

Are you diabetic or losing your memory?

Do you want an answer so you can continue to dance with your friends?

All diseases can be reversed with good nutrition.

If you would you like to learn how, contact me for a **FREE** 1 hour strategy session. Go to, www.JanolynKeller.com and see how I can help you. While you are there, sign up for my newsletter and receive "The Best Foods For Diabetics" free.

Janolyn Keller AnExcellentLife@olypen.com 360-670-5547

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1st Fri. 2nd & 4th Sat. East Wenatchee Grange, 3400 Sunset Hwy. East Wenatchee Contact: Bob & Connie Mulholland, (509) 881-4961 or sqdncr@nwi.net

Buds & Blossoms-Mixed Level

2nd/3rd/4th Fri. East Wenatchee Grange, 3400 Sunset Hwy., East Wenatchee Contact: Don Jackson, (509) 670-3540 or imt655@hotmail.com

Cascade Twirlers-Mainstream

1st & 3rd Sat. East Wenatchee Grange, 3400 Sunset Hwy. East Wenatchee Contact: Noelle Miller, (509) 884-0497 or noellemcues@charter.net

Moses Lake 4X8's-Mainstream

Ist & 3rd Sat. Moses Lake Senior Center, 608 E. 3rd Ave., Moses Lake Contact: Del & Jackie Chase, (509) 764-4254 or deljackiechase@aol.com

Plus Bunch-Plus Level

1st & 3rd Mon. East Wenatchee Grange, 3400 Sunset Hwy. East Wenatchee Contact: Jim & Barb Vorderbrueggen (509) 782-4345 or jbvordy I@hotmail.com

Wheatland Whirlers-Mainstream

2nd & 4th Sat. Ephrata Senior Center, 124 C Street NW, Ephrata Contact: Judy & Harold Schock, (509) 754-4803 or jaschock@homenetnw.net

Tri County Callers and Cuers Association

Contact: Dave & Sharon Boggs, (509) 787-4099 or grizzlyboggs@aol.com

All Clubs Dance September through May with Some Summer Dances

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Dental

THE GAVEL

From page 4

would hope that our dancers will continue to support this great publication of ours.

So to all of our friends and dancers we would like to say; "So long and we will see you on the dance floor in a square dance hall real soon!"

God Bless Each and Every One of You!

Margaret and Kris Kiser, President Couple

SQUARELY SPEAKING

From page 11

e.g.

Heads Right & Left Thru

Send her back Dixie Style to a wave, Extend (you are in a Left Handed Wave, Boys in the center with your Corner)

Boys Trade, Left Swing Thru "finish like a chain down the line" (Girls Trade and Courtesy Turn) Star Thru Allemande Left

Also give me one or two sequences you feel are the type to "Put the wind in their face and Let them soar".

I will review them and call them at some of my MS dances. I will then publish those that dance well and the dancers appear to enjoy, in the next article. Send your suggestions to dwood@lou-macrecords.com

Until next month.

CENTRAL PUGET SOUND

From page 36

As of this writing, some Wagon Wheels will be participating in dancing at Auburn Days on August 10th to help promote square dancing. We are also looking forward to our Annual Club Picnic on August 18th which is one of the highlights of our summer! Unfortunately, Tom and I won't be able to attend our picnic. Tom will be giving his daughter away in marriage "on the beach" in Mulkiteo on that date.

Wagon Wheels will begin square dance lessons on Tuesday, September 17th, at the Meridian Grange in Kent at 15422 Kent-Kangley Rd, Kent 98042. The lessons will be taught by our caller, Wayne Easton. If you have any questions about the lessons, call our Lesson Chairman, Lynda Olson, at 253-946-6879.

If you are in the Kent area in September, come to our "Welcome Back Dancers" Dance on September 7th and our "Vacation Shirt" Dance on September 22nd. This is the dance where you can show off the shirts that you bought on your summer vacation!

Donna Rohde, donnalou13@comcast.net

Seaside Sashay Square Dance Festival

October 25 & 26, 2013

Seaside Civic & Convention Center, 415 1st Ave

Presented by the Hayshaker Square Dance Club

Callers: Ray Brendzy & Denny Lantz
Cuer: Debbie Taylor



Friday Night

7:00 pm - 7:30 pm 7:30 pm - 8:00 pm 8:00 pm - 10:30 pm

Intermediate Rounds Pre-Rounds Mainstream with Plus

Saturday

Square dance attire is admired, but not required during the day 10:00 am - 11:00 am Mainstream - at the Turnaround - Caller: Ray Brendzy 11:00 am - 12:00 noon Plus Dance - at the Turnaround - Caller: Ray Brendzy

(Weather permitting and/or Convention Center)

10:00 am – 12:00 noon

1:30 pm – 2:30 pm

2:30 pm – 3:30 pm

3:30 pm – 5:00 pm

7:00 pm – 7:30 pm

Intermediate Rounds – Cuer: Debbie Taylor

Plus Dance – Caller: Ray Brendzy w/Rounds

Intermediate Rounds – Cuer: Debbie Taylor

7:00 pm - 8:00 pm
7:30 pm - 8:00 pm
8:00 pm - 10:30 pm
8:00 pm - 10:30 pm
Mainstream at the Craft Fair - Caller: Denny Lantz
Pre-Rounds
Mainstream with Plus (Split the Pot at 10:00pm)

(Passport Promenade Winners Posted at 9:30pm)

Vendors: L&L Engravers, Carrie B's

PS: 45.891 - 123.667

Enjoy the Passport Promenade & Craft Fair on Saturday

For more information: Sylvia at (503) 325-8109 or s.m.davis@charter.net

FULL REFUND WITH PRIOR NOTIFICATION

Advanced Tickets (On or Before October 19th) At the Door Tickets 16.00 ea x =Friday/Saturday 18.00 ea x =Friday/Saturday \$5.00 ea x __ = \$____ Friday Only Friday Only 6.00 ea x =11.00 ea x =Saturday Only Saturday Only 12.00 ea x =Saturday Night Only \$7.00 ea x = \$ Saturday Night Only \$8.00 ea x = \$ Total: \$___

Telephone: _____Club: ____Council: _____ Mail Entry Form to: Sylvia Davis, 2775 Steam Whistle Way, #301, Astoria, OR 97103

Make Checks Payable to Seaside Sashay 2013

September 2013 www.squaredance-wa.org FOOTNOTES | 71

BLUE MOUNTAIN

From page 27

The TRI-CITIES CIRCULATORS are now meeting at the Eagles Lodge 2485 & dance every Thursday 6:30 pm to 8:30 pm. Thursday is Taco night so come eat with us at the Eagles, 115 N Fruitland, Kennewick, WA 99336. For more information please call: 509-539-2660.

Thelma Swanson, paintedswan@frontier.com

With fall about here the **MELODY MIXERS** will start back to their regular dance schedule. We dance every Tuesday evening 6:30 to about 9:30. We will be starting Cha Cha lessons on Tuesday, September 24th. At that time, lessons will be 6:30 to 8:00 and intermediate figure workshop 8:00 to 9:00 and dancing 9:00 till about 9:30. Join us if you can.

Bill & Karen Holm, bkholm@charter.net

EVERGREEN

From page 39

We continue into the fall dance schedule with mainstream lessons beginning on Thursday, September 12th. We are trying a new night to see if we can attract a larger crowd for lessons. The new board is busy planning our year for us under the leadership of Dale and Nancy Smith. We continue to dance at the Hazel Dell Grange on the 2nd and 4th Saturdays, with Chuck Garner calling and Dorothy Lowder cueing. Plus dancing with intermediate rounds is from 7:00 to 8:00 pm, with mainstream dancing from 8:00 to 10:00 pm. Plans are underway for a New Year's Dance on December 31st, 2013. Please watch for upcoming information in the future. Happy dancing as you and your club start the fall dance season--hope to see you in a square.

Teresa Hill

NORTH OLYMPIC

From page 49

20th. Pre-rounds are at 6:00, Mainstream workshop at 7:00 and dancing from 7:30 to 9:30 at the Gardiner Community Center located at the Old Blyn Hwy and Hwy 101. All are invited to share in the fun - Spike certainly keeps us on our toes (figuratively speaking) Our Tuesday workshops are still happening with the Round workshop at 6:30 followed by Mainstream dance lessons at 7:30. Let's start dancing!!!

Trish Gaine, fasolard@olypen.com

HARBOR HAYLOFTERS

1st Saturday October - June Caller: Randy & Chris Carlson

Pre Rounds 7:30 Ms Dance 8 -10:30 Aberdeen Eagles, 200 W Market - Aberdeen, WA

OLYMPIA DO-SI-DOS

Second Saturday Year Round Jim Hattrick. Caller Joyce Sebree, Cuer Pre-rounds 7:30 MS Dance 8-10:30 Sound Enhancement Finger Potluck Lac-A-Do Hall, Olympia, WA

COUGAR SQUARES

1st Sat Sep-Jun PLUS 7:30 MS 8 - 10:30 PM 3rdThurs Jul (7 PM) / 1st Thurs Aug (7 PM) Dessert Evening-Sound Enhancement Caller/Cuer - JIM RAUPP St. Francis Rectory Hall/Spencer Rd off Jackson Hwy. Toledo, WA

3rd Saturdays, 8-10:30 p.m. MS Jim Raupp, Caller Susan Healea, Cuer

Catlin Grange, 205 Shawnee Street, Kelso Using Williams Sound System Check dates at 503-556-2319 Peggy Rolf

Buzzin' Bees **MS Square Dance Club**

1st & 3 rd Sat. at Hazel Dell Grange Pre-Rounds at 7:30 Squares at 8:00 7509 NE Hazel Dell Ave. Vancouver, WA 98665 Caller Bill Lundin

Cuer Debbie Combs

Questions? (360) 604-0893

1st Tuesday & 3rd Fridays 7:30 - 9:30 PM Phase 2 & 3

Ron Woolcock - Cuer Randy Wulf - Instructor

SOUARE 1 PLUS

1st Friday - 7:30 - 10:00 PM 3rd Sunday - 6:30 - 9:00 PM Gunter Monroe Caller **Guest Cuers** Lac-a-do Hall, Olympia, WA Info: 360-754-1830

PI-R SQUARES

Sept 14th (2nd Saturday): "Let's Dance & Salute America" Andy Garboden, caller ~ Marge Kost, cuer

Come dance with us!

Sept 28th (4th Saturday): "3rd Annual PIE Contest & Dance" Andy Garboden, caller ~ Marge Kost, cuer See who wins, and enjoy "homemade" pie!

W/S 7:30 - 8:00 pm • MS 8:00-10:30 pm Good floor • Hearing enhancement • 425-432-0138 Meridian Grange ~ 15422 Kent-Kangley Rd, Kent more information on web site:

www.pi-r-squares.org

Silver Stars Square Dance Club

Hazel Dell Grange Vancouver, Washington

Caller: Chuck Garner **Cuer: Dorothy Lowder**

7:00 Plus 8:00 Mainstream 2nd & 4th Saturdays Year around -- Casual attire in Summer

Info: 360.263.6203 & 360.600.1804

Prairie Steppers

2nd Saturday, 7 - 8 Plus • 8 - 10:30 Mainstream September to May, Oakview Grange, 2715 N. Pearl, Centrailia, WA 98531

> Don Wood, caller • Lonnie Sycks, cuer Chicken Dance TBA watch for ad in Footnotes

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Healthy Notes

by Janolyn Keller

Ed note: Janolyn Keller is the caller and cuer for the Strait Wheelers in Port Angeles. She submitted this article to FOOTNOTES with the following message: "I hope that they are being helpful to your readers. If they would like to read these articles as they come out, they can go to www.janolynkeller.com and read these and more.

BINGO

Do you have any idea how many different kinds of fruits and vegetables there are in the world? I didn't. Oh my. Thousands and thousands. And in the Western world we have available only about 10% and most of us eat even less than that. Let's check it out.

There are thousands of vegetable varieties. I could not find an exact count. Just garlic alone has well over 450 different varieties. Potatoes have 575. That is over a thousand in garlic and potatoes alone! Wow. I have grown about five varieties of potatoes and liked the flavor better than anything I could get in the store. Have you ever tried purple mashed potatoes? So cool. And there are 400 varieties of cabbage, and yet we see only a few. As for wild foods, I eat a lot of boiled or steamed stinging nettle in the spring, but I just discovered that I can eat it raw in a smoothie. I gotta try that! Watercress is nice and peppery and gives a great flavor to salads. Dandelion wine is a bit bitter for my taste, but I have tried it. But rhubarb wine.....mmmmm! I like that so much I gave away a lot of my rhubarb to the lady that makes it and received a couple of bottles of her wine. Great trade.

According to Wikipedia, there are 9,000 different fruits and berries around the world. Wow! There is no way that I have seen that many in the stores. There are 7,500 varieties of apples! Did you know that? And hundreds of varieties of bananas. Even starfruit has different varieties. And the sad part is that I would not know what to do with some of them if I bought them, but I am going to find out. That leaves a lot of discovery and experimentation to dive into. And with this information I am excited to start. Well......I already have. I bought red bananas yesterday. Did you know that a banana is supposed to have some flavor? Wow. The taste just pops right out there and says BANANA! Who would like to experiment with me?

On the first of every month, I am going to start a contest. New Food Bingo. The first person to complete a row gets three free coaching sessions with me and your experiences in the excitement of discovering new foods will be shared in my newsletters and blog. Email me at AnExcellentLife@olypen.com for your Bingo card and instructions and let's discover some more of the foods this abundant world has to offer and have some fun while we are at it.



63rd National Square Dance Convention® June 25 - 28, 2014 Little Rock, Arkansas

Come Dance With Us and visit Little Rock ... check out <u>Little Rock</u> and the <u>Statehouse Convention Center</u> for more information about what's available.

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Little Rock is the heart of Arkansas. Fun in the sun or night on the town, you'll find it in Little Rock, Arkansas! Located in the center of the state, Little Rock has so many adventures to offer when you come to enjoy the 63rd National Square Dance Convention®. With an abundance of lakes and beautiful scenery to enjoy, you can easily plan a fun vacation that includes dancing when you come to Little Rock.

The Little Rock Marriott (our headquarters hotel, formerly known as the Peabody) is located in the heart of Little Rock, just minutes from the William J. Clinton Presidential Library and Center, Verizon Arena, Heifer International and a wide variety of unique restaurants and bars. Many guest rooms overlook the beautiful Arkansas River, and golf, hiking, fishing, museums, art galleries and shopping are within easy reach.



Make sure you have plenty of time. There's a lot to see and do in Downtown Little Rock. Take a trolley ride to get a lay of the land, and then make your plan to hit the hot spots. Tour the brand-new Clinton Presidential Library and step back in time at the Historic Arkansas Museum - a real village from the 1800s. You'll find nearly everything is within quick and convenient walking distance.

Hop on the River Rail Streetcar System to see the sights in downtown Little Rock and North Little Rock. These Replica Birney Trolleys are much like those used in the 1940s. Each trolley seats 44 people and offers a wheelchair lift and air conditioning. Hop on at one of many locations such as Alltel Arena, the Statehouse Convention Center, the Robinson Center, the Clinton Presidential Center, the Global village Center of Heifer International and Dickey-Stephens Park in North Little Rock.



The beautiful surroundings of Little Rock is just one of the many reasons why you will want to come to the 63rd National Square Dance Convention®.

Come to Little Rock see and enjoy it for yourself.

Royal Romp

PLUS WEEKEND Nov 1st, 2nd, & 3rd 2013



Tony Oxendine



Tami Helms



Jerry Story

Clark County Square Dance Center

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Happy Hoppers 2013 - 2014 Dance Schedule (first and third Saturdaus)

September 21

Kick Off!

Kevin Thomaier/Kavleigh Johnson



Dance Your Cares Away Kathy Racine/Stephanie Speelman

Mainstream 7:30-10:30pm

October 19

Haunted Cemetery Tom Clymer/Karen Neverdowski

November 2

Salute Our Veterans (canned food drive)

Jim Hattrick

November 16

Thanksgiving Pilgrim Parade Student Level Dance

Kevin Thomaier/Stephanie Speelman

December 7

Gold Rush Days

Doug Davis/Kayleigh Johnson

December 21

Toys for Tots Christmas Dance Eric Henerlau/Stephanie Speelman

January 4

Black & White Level Dance Student Level Dance

Rem Remington/Roxanne Boelter

January 18

Disney Dance

Brent Mawdsley/Kayleigh Johnson



February 1

Mad Hatter Hat Dance Gary Monday/Bob Berka



February 15

How Sweet It Is

Kevin Thomaier/Stephanie Speelman

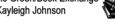
March 1

Wild Wild West Soup Dance Dan Preedy/Roxanne Boelter Plus 4-6pm

Mainstream 7:30-10:30pm

March 15

Reading of the Green/Book Exchange Scott Coon/Kayleigh Johnson



April 5

Dancing in the Rain John Corrigan/Bob Berka

April 19

Bunny Hop to Our Anniversary Steve Edlund/Karen Neverdowski

May 3

Jelly Bean Jumble Vern Boggs/Kathy Boggs



Blue Hawaii

Scott Coon/Brent Mawdsley

June 7

Strawberry Dance Matt Worley/Alison Hampton Plus 3 - 5 pm Mainstream 7:30-10:30pm



www.happyhoppers.org

Stillaguamish Senior Center 18308 Smokey Pt. Blvd. (I-5 Exit 206) Arlington, WA 98223

Prerounds 7:30 Mainstream 8-10:30pm with a plus tip (unless noted) Hearing Enhancement available



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Cascade Twirlers Invite You...

October 5th Cereal Dance with Jess Thomas & Marilyn Holman

November 16th Men's Nite Out with Jim Swanson & Marilyn Holman & Noelle Miller

January 18th WILD & (RAZY DANCE Prom Night Theme with Dave Boggs & Marilyn and Noelle

February 1st Ladies Nite Out with Andy Garboden & Jim Spence

February 15th Valentine's Dance with Rob Krum & Noelle Miller

March 15th Black Lite Anniversary Dance Midnight in Paris Theme with Greg & Sue Weber

April 19th Dues Dance with Jess Thomas & Marilyn Holman

May 17th Ice Cream Social with Vern Boggs & Marilyn Holman

East Wenatchee Grange 3400 Sunset Hwy. East Wenatchee

Info: 509-860-8612 or noellemcues@charter.net