### • COUNCILS . . .

There are twelve Councils in the State of Washington. From North to South - East to West. Within those Councils are 132 clubs and over 4,000 dancers. There is a place for you almost anywhere and they are waiting for you to join in on this great family friendly activity.



### • SO – WHAT ARE YOU WAITING FOR?! . . .

It's great exercise, mentally challenging, a good social activity, and whole lot of fun . . .

### • THERE ARE MANY REASONS JOIN IN . . .

- It's great fun
- Exercise to music
- Gets you off the couch
- Meet active and fun people
- Laughter and lots of hugs
- You can dance anywhere in the world
- Gets your brain working

### • LICENSE PLATE . . .

We even have our own license plate. Did you know that the Square Dancers were actually the first to

have their own plate? In July of 1993 after several years of hard work, we convinced



Washington State Licensing to let us have our own plate; after all, we are the State Dance. It is a great honor to proudly display these wonderful plates on our cars; to show all on the road who we are and that we are proud to be Square Dancers of Washington.

## Let's Dance!

To find out more about Square Dancing, Round Dancing & Clogging in your area, just go online to

### www.squaredance-wa.org

### **CONTACT INFORMATION...**

# Learn what it's all about - - -

# **Square Dancing!**

**Washington State's Dance** 

Square Dancing



FUN • FRIENDS
FELLOWSHIP • FAMILY

### • IT'S A PARTY . . .

Square dancing is party time every time. It brings people together for fun and fellowship — even when learning how. The fun starts right on the very first night. You meet new people and make new friends.



And the fun keeps right on going as long as you do. Most square dance groups meet once a week for lessons in safe,

smoke and drug free environments, like schools, churches, granges and community centers. Most clubs hold their regular dances on a weekend night whereas lessons may be held on a week night.

It's a wonderful way to share common interests with other people, and to escape the worry and pressures of today's busy world.

### • IT'S A CHALLENGE . . .

Modern square dancing is a mental and physical challenge. It is dancing; it is thinking; it is teamwork. You can't do it alone. Your team of eight dancers depends on you to keep moving. Keeping time with the rhythm of the music keeps you physically fit. Reacting quickly to the square dance calls keeps you mentally on your toes.

Learning the basic steps is easy. Experienced square dance callers teach you the moves and the names of the calls that you dance. You practice those moves until they feel as natural as walking.

Even more fun begins as you join a club. Your square dance caller combines the basic moves and steps into whole dance patterns. You and your teammates follow the calls — each arm turn brings a surprise — and as the pattern concludes, all the arm turns bring you back to your partner.

### • IT'S AMERICAN FOLK ART TOO . . .

Modern square dancing has an American heritage. The ancestors of this dance came to America with the earliest settlers. The "traditional" roots of our heritage are well established in Canada, New Zealand, Australia, as well as the French Colonies



to name a few.

Over centuries
it has changed
into what we
know today as
modern square
dancing. It is
as American

as barn raising, barbecues and ice cream socials. In recent decades square dancing grew in popularity as more and more people got in tune with this traditional art form.

### • WE'VE GOT THE BEAT . . .

Yes there are some old standards, and some traditional hoedowns, but we also use music from the 60s, 70s, 80s, 90s, and even music as current as today!

### • SQUARE DANCING IS MORE . . .

Square dancing is an umbrella term covering other



forms of dance. There is also round dancing, which is similar to ballroom dancing, but in

circles. Then there is clogging, which is similar to tap dancing. This is done to all types of

music. Large festivals

are held where all the different dance programs get together and have a big party.

#### • IT'S FOR ALL AGES ...

Square dancing is a family affair. It is fun for any age,

young and 'not so young'. Families can enjoy having a fun hobby that they can do together. There are many family clubs as well as



clubs just for our youth.

### • LET'S TRAVEL . . .

To square dancers, travel is a fun part of the



activities. There are visitations to other square dance clubs. Trips to State

Festivals and even traveling across the states to National

Conventions where you can dance to callers from all over the world. There are club picnics and for those



who like to camp, there are lots of campouts. Even if you don't have an RV, you can have a great time at these functions. Come and spend the day and enjoy all the activities these weekends have to offer.